


Total Memory Workout



Now where
did I put
that?

Our Syllabus

Thursday, March 8

Thursday, March 15

Thursday, March 22

Thursday, April 5

Thursday, April 12

Thursday, April 19

Meet Your Memory

Stop Acting Your Memory Age

Live A Memory Lifestyle

How To Remember What You Need to Do

How to Remember Things You Read, See Or Hear

How To Remember Names

All Classes meet in The Adult Gathering Room from 7- 8 pm.

\$130.00

Must register by March 1

Pay @ first class

Make check to Patricia Faust

Patricia Faust,
MGS
Certified
Total Memory
Workout
Facilitator