

August, 2006

RECREATION CENTER.

THE SUMMER SWIMMING POOL HOURS

Saturdays	Aug 5, 12, 19, 26; Sep 2	11:00 a.m.- 8:00 pm
Sundays	Aug 6, 13, 20, 27; Sep 3	Noon – 8:00 pm
Monday – Friday	June 5 – Aug 18	Noon - 9:00 pm
Monday – Friday	Aug 21 – Aug 25	4:00 pm – 8:00 pm
Monday – Friday	Aug 28 – Sep 1	4:00 pm – 8:00 pm
Monday	Sep 4	Noon – 8:00 pm
Saturday	Sep 9	11:00 am – 8:00 pm
Sunday	Sep 10	Noon – 6:00 pm

Note: Because of swim meets and other department programs, **on some dates, the pool will close at 5:00 pm.** Specific dates will be published on the website, and signage at the pool.

A full listing of the pool rules and policies are listed on the website at www.evendaleohio.org.



DOG DAY AT THE POOL

The Evendale Family Aquatic Center has “gone to the dogs!” Here’s an opportunity for your pooch to swim in the pool, float on a doggie raft, jump in after Frisbees™ and balls or their favorite toy. Don’t forget to bring their favorite toy or ball. Dogs will follow their owner’s rules and must be accompanied by their owners (family) at all times. Dog and owner must register at the Recreation Center to participate. People will not be allowed in the pool unless a dog is in distress (in advance, thank you for your cooperation.) Entrance will be through the concession area gate. Dogs prohibited from participating are Rottweilers, Pit Bulls, or any aggressive, non-socialized dog. (No cats.)
Date: Sunday, September 10 Time: 6:30 – 8:00 pm
Location: Swimming Pool Fee: **FREE**
Age: Owner must be 16 years or older unless accompanied by an adult Min/Max: 30/75



**HULA
DANCING**

Hula dancing is a native Hawaiian form of dance where the dancer tells a story through his/her movements. The Beginning Hula class, for students’ ages 8 through 80, will teach the basics of hula dancing and progress with the basic steps, and the student will begin to learn simple hula dances. No prior experience is necessary for the beginning class. In the Intermediate “Children’s” Hula class, students will continue to use the basic hula steps to learn more advanced hula routines. Either class will give students a great workout! Please wear loose fitting clothing.

Where: Evendale Recreation Center, Group Exercise Room

Day: Saturday

Dates: Sep 16 – Dec 16

(No classes Nov 4 or Nov 25)

Weeks: 12

Time: Intermediate, 11-11:45am; Beginning, Noon-12:45 pm

Class size: Min – 6; Max – 15

Fee: Residents \$60; Non-residents \$72

Instructors: Intermediate – Julie; Beginning - Wendy



OVERTIME Children’s Program

Tues, August 8 Teamwork Tuesday

This day will be devoted to events needing a little bit of teamwork. All participants will be split into teams and will compete in both physically and mentally challenging tasks. Wear gym shoes and comfortable clothes for an action packed day of activities. Wear sunscreen, as well. *Bring a packed lunch.* 7 years – 7th grade.

Times: 11:15 - 4:00 P.M. - Recreation Center

Cost: \$5.00 Signup deadline August 6

Thurs, August 10 Reds vs. St. Louis Cardinals

Trip includes a view level ticket to the Reds vs. Cardinals baseball game. Spending money may be needed for concessions or souvenirs. Eat lunch beforehand or eat from the ballpark concession stands. *Wear sunscreen.* 7 years – 7th grade.

Meet at the Rec: 11:00 A.M.

Return to Rec Center: 4:30 P.M.

Cost: \$12.00

Signup deadline August 8

Max: 60

Tues, August 15 What a Mess Part II

Now that we have finally finished cleaning up from the first What a Mess two years ago, we think it's time to try it again! Be ready to participate in all activities that will get messier as the day goes on. Wear a bathing suit or clothes that you don't mind getting messy and apply *sunscreen* for an action packed day. There will be a hosing down at the end of the day. *Bring a packed lunch.* 7 years – 7th grade.

Times: 11:15 - 4:00 P.M. - Recreation Center

Cost: \$5.00 Signup deadline August 13

Thurs, August 17 Coney Island and Sunlite Pool

Activities include admission to Sunlite Pool and a Classic Ride Pass for the amusement park. *Bring a packed lunch, bathing suit, pool towel, sunscreen and gym shoes.* Visit www.coneyislandpark.com to learn more! Spending money may be needed for concessions. Packed lunches will be eaten around 3:00 P.M., so participants are encouraged to eat something before the trip starts. 7 years – 7th grade.

Meet at the Rec: 11:15 A.M.

Return to Rec Center: 6:45 P.M.

Cost: \$12.00

Signup deadline August 15



PHI LAMBDA PI

New Member Events

“Fresh Meat Competition” . . . Fun games & activities!

**The New Member Pool Party has been cancelled for August 18.*

August 16 6:00 – 9:00

August 23 7:00 – 9:00

August 30 7:00 – 9:00

September 6 7:00 – 9:00

Rock the Dale Music Fest'

Friday August 18, 2:00 -10:00 PM at the Pavilion – *Everyone Welcome.*

Area high school rock bands will be playing during this all day music festival. Phi Lambda Pi members needed to work the event selling tickets, concessions, t-shirts & more! Check www.evendaleohio.org for a complete listing of bands. **ADVANCE TICKETS AVAILABLE AT THE FRONT DESK OR FROM KIM STARTING AUGUST 3.**



Fall Children's Programs

September 11 – November 10

(Min 6, Max 12 for each class)

MAX OF TWO CLASSES PER CHILD

ADD CHILD'S NAME TO WAIT LIST FOR OTHER CLASSES

**This new policy has been instituted so that we may accommodate as many children as possible in our classes. Your cooperation and understanding is appreciated.*

\$10 per class by September 1 \$15 per class after September 1

“Kit 'n Kaboodle”

18 months - 36 months, Accompanied by an Adult. (Max 12, Min 6)

Mondays 9:30 - 10:30 am

Start the week off with a whole Kit 'n Kaboodle worth of fun! Toddlers and their parent or guardian will socialize through free play and group activities. Songs, crafts and movement will be introduced through weekly theme-related activities.

“Ready - Set - Go!”

18 months - 36 months, Accompanied by an Adult.

(Max 12, Min 6)

Wednesdays 9:30 - 10:30 am

Are you READY to play? Are you SET to start moving? Then let’s GO! Our gross motor program introduces toddlers and their parents or guardian to the world of movement. There is not much sitting still as parachute play, bean bags, instruments, mats and soft gym equipment are interwoven into an hour of fun.

“Music, Mom & Me”

18 months - 36 months, Accompanied by an Adult.

(Max 12, Min 6)

Fridays 9:30 – 10:30 am

We’ll sing, play, dance and have fun with music. Instruments, streamers, lummi sticks and bean bags will help us find our rhythm.

NEW CLASS ADDED!

Theme Thursdays

3 and 4 year olds. (Max 12, Min 6)

Thursdays 9:30 – 10:30 am

Come on down to Evendale Recreation Center and join your friends each week for a fun filled Thursday morning! We will be picking a new theme for each week and completing different activities that go along with each different theme. This class is sure to be a great time, so we hope to see you all in the fall!

“Explore with Dora” – new! - FULL

3 and 4 year olds. (Max 12, Min 6)

Mondays 10:45 – 11:45 am

HOLA from Dora and the rest of her friends! She would like to invite you to come exploring at the Recreation Center. Each week we will open her backpack and learn about the world around us through stories, games, songs and crafts. We will also learn a little Spanish along the way. Children must be potty trained.

“Wiggle, Giggle & Shake” - FULL

3 year olds. (Max 12, Min 6)

Fridays 10:45 – 11:45 am

Put a little Wiggle, Giggle & Shake into your Friday mornings! Our class offers kids the chance to socialize, exercise and have fun through movement inspired activities. Large motor skills and coordination will be developed with the use of indoor play

equipment, parachute, scooters and balls. Music, stories and crafts will be included in our hour of wiggling, giggling and shaking. Children must be potty trained. Gym shoes required.

“Edible Art” – new!

4 – 6 year olds. (Max 12, Min 6)

Tuesdays 1:15 – 2:15

Have fun with food! We’ll explore nutrition while we make some creative and yummy snacks. Please advise us of any food allergies when registering.

“Around the World in Nine Days” – new!

This class is offered in the afternoon and in the evening!

Indicate which one you wish to attend at registration.

4 – 6 year olds. (Max 12, Min 6)

Wednesdays 1:15 – 2:15 pm

or

Tuesdays 6:30 – 7:30 pm – new time!

Come on a trip around the world with us! We will be learning about a new country each day and completing activities that have to do with their different cultures.

“Nuts about Nature”

4 – 6 year olds. (Max 12, Min 6)

Thursdays 1:15 – 2:15 pm

This class will allow the children to explore nature through a variety of different activities including crafts, snacks and games. The changing seasons and beautiful colors of fall are sure to make this class one to remember!

“Shake - Rattle - Roll”

4 - 6 year olds. (Max 12, Min 6)

Fridays 1:15 - 2:15 pm

This Friday afternoon class will allow children to unwind after a long week! We will be playing games and completing different activities that are sure to be a good time.





**Mother Son Night of Fun, September 30 at 7:00 PM
1st – 6th Grades Boys and their Moms.**

Crazy games & relays . . . dress in comfortable shoes & clothes!

Refreshments afterwards!

\$2 PER PERSON by September 22

\$4 PER PERSON after September 22

Must be pre-registered by 9/29 at 12:00 Noon.



Preschool Drawing Class

Ages 3½ - 6 years old

Thursdays, 4:00 – 4:45 PM

September 14 – October 19 (Min. 6, Max. 10)

\$58 Residents

\$68 Non-Residents

Elementary Drawing Class

Ages 6 – 12 years old

Thursdays, 5:00 – 6:00 PM

September 14 – October 19 (Min. 6, Max. 20)

\$58 Residents

\$68 Non-Residents



Spanish Classes for Fall – new!

1st – 3rd Graders, Wednesdays 4:30 – 5:30 P.M.

September 13 – October 18 (six week class)

(Min. 6, Max. 8)

Eventale Residents \$75 Non-Residents \$85

4th – 6th Graders, Wednesdays 5:50 – 6:50 P.M.

September 13 – October 18 (six week class)

(Min. 6, Max. 8)

Eventale Residents \$75 Non-Residents \$85

**Adult Class, 16 years of age and older, Wednesdays
7:15 – 8:15 P.M.**

September 13 – October 18 (six week class)

(Min. 6, Max. 8)

Eventale Residents \$75 Non-Residents \$85

YOUTH SPORTS:

BASKETBALL

Youth Basketball 5-17 yr olds

Sign ups begin Thursday, Sept. 1 at 9:00 am

Season runs December - February

Sign up by Birth date!!!

Fee: \$10.00 resident by October 5th

\$20.00 resident starting Oct. 6th if space still remains.

\$30 non-residents starting Oct. 6th if space still remains

Teams will be limited to 10 players.

8/1/99 - 7/31/01 - Beginner (Co-Ed)

8/1/98 - 7/31/99 -Instructional

8/1/97 - 7/31/98 - Bantam

8/1/98 - 7/31/97 - Midget

8/1/95 - 7/31/96 - P Wee

8/1/94 - 7/31/95 - Intermediate

8/1/93 - 7/31/94 - Jr. High I

8/1/92 - 7/31/93 - Jr. High II

8/1/90 - 7/31/92 - High School I

7/31/87 - 7/31/90 - High School II ***

***Must still be enrolled in H.S.

ADULT SPORTS:

Presenting... Evendale's First Annual COED NIGHT

Includes Cornhole, Egg Toss, Hula Hoop Contest

Oct. 6, 2006
Friday night
7 – 11 p.m.
Must be 21 and over

Cornhole Tournament (Men's, Women's and Co-Ed Divisions- sign up individually)
1st Annual Evendale Egg Toss Competition
(Revolving Trophy to be won – be first to have your name on this impressive trophy)
(When signing up, state who your partner will be for both events. It does not have to be the same person!)

Don't want to play either...you can still sign up to enjoy the fun! J

D.J., Munchies, set-ups, and lots of fun will be provided.

Must sign up by Sept. 29th

\$6/person



Couples Golf Outing

Sunday, August 13th
Blue Ash Golf Course

First tee time is at 12:00 noon.

Maximum of 36 players - please sign up as a foursome. All players must pay when they sign up for their tee time.

Cost is \$75/person - fee includes 18 holes of golf, golf range, cart, dinner, drinks and prizes! If there are spots available, non-residents may sign-up for \$85.00/person.

Men's Golf Outing – Sharon Woods- Sept. 12th

First tee time is at 11:00 a.m.

Maximum of 80 players - please sign up as a foursome. All players must pay when they sign up for their tee time.

Cost is \$60/person - fee includes 18 holes of golf, golf range, cart, dinner, drinks and prizes! If there are spots available after August 22nd, non-residents may sign-up for \$80.00/person.

TENNIS:

TENNIS CAMPS FOR YOUTH

Classes are held on Monday & Wednesday mornings.

Fee- \$18/session/Resident

\$24/session/Non-Resident

Walk-on Fee: \$5 Res, \$6/non-resident

Saturdays are reserved as make-up days during each session in case of rain.

Session III July 31 – August 16

Times:

3-6 yr olds 10:30 – 11:15 a.m.

7-9 yr olds 8:15 – 9:00 a.m.

10-12 yr olds 9:05 – 10:05 a.m.

13 & up 9:45 – 11:00 a.m.

Depending on skill level, if you child cannot make one of these times; accommodations will be made to attend one of the other sessions. Please talk to Dennis or Emily for special arrangements.

AFTER SCHOOL LESSONS WILL BE ANNOUNCED SOON.



TENNIS CAMPS FOR ADULT

AskK Dennis OR call 563-2247 and leave a message at ext. 655. Dennis will return your call with the latest program information.

CHILDCARE ROOM HOURS:

M - F 9:00 a.m. – 11:45 a.m.

W 5:00 – 8:00 p.m.

FITNESS:

REMEMBER: Please check with your doctor before starting any fitness program.

EVENING YOGA with Roger

Current session: 6/26 – 8/14 6:30-8:00pm

Mondays in the Group Exercise Room

Residents: \$56 Non-Residents: \$72

Walk-In Fee: Res.: \$10 Non-Res.: \$12

MORNING YOGA with Stephanie

NEXT session: 8/16-10/4 9:30-11:00am

Wednesdays in the Group Exercise Room

Residents: \$64 Non-Residents: \$82

Walk-In Fee: Res.: \$12 Non-Res.: \$14

AEROBICS with Lisa

Next session runs: 9/6-10/27 9:30 - 11:00 a.m.

Top Shape on Mondays & Wednesdays in the South Gym, Step on Fridays in the Group Exercise Room

3 days a week= \$96 Resident \$98 Non-Res.

2 days a week= \$80 Resident \$82 Non-Res.

1 day a week = \$48 Resident \$50 Non-Res.

\$7.00 walk-in fee

Summer session begins June 12th will be on Mondays & Thursdays.

TAE KWON DO with Mike

Sessions run monthly. Tuesdays & Thursdays

6:00 p.m. - 7:00 p.m.

\$25 per person. If more than one family member signs up, only \$20 each.



Group Fitness Schedule

September 9th - December 21st

No classes November 22nd-25th

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SPINNING 8:00-8:45am	PILATES 8:00-8:45am	SPINNING 8:00-8:45am	PILATES 8:00-8:45am		SPINNING 8:05-8:50am
	SIMPLY FIT 9:15-10:15am		SIMPLY FIT 9:15-10:15am		MUSCLE 9:15-10:15am
		<p>Sign-up 72 hours before a class is schedule to begin. Too few sign-ups at that time may cancel the class. Signing up the day the class starts will not save it.</p>			
YOGA 4 TOTS (age 3-5) 1:15-2:00pm	BALLET (age 3-5) 1:15-2:00pm				
	SPINNING 6:15-7:00pm	YOGALATES 6:00-7:00pm	SPINNING 6:15-7:00pm		

	MUSCLE 7:15-8:15pm		STEP 7:15-8:00pm		
PILATES 8:10-8:55pm					

Walk-in Fee for TriHealth classes (resident or non-resident):
 45 minute class = \$5 60 minute class = \$6

BALLET – Children 3-5 years of age will learn the basics of ballet dance. They will gain body awareness, coordination and balance. Instructor: Darla, group fitness room
 Tuesday 1:15-2:00pm Residents: \$42/14 weeks Non-residents: \$53/14 weeks

MUSCLE – This class includes a warm-up and exercises to target major muscle groups to build muscular strength and endurance. All levels welcome. Instructors: Stephanie / Tamara, group fitness room
 Tuesday 7:15-8:15pm or Saturday 9:15-10:15am
 Residents: \$56/14 weeks Non-residents: \$70/14 weeks

PILATES – The focus of this class is on the core muscles in the hips, abdominals and back. You will gain muscle toning, stability and balance. All levels welcome. Instructors: Cindy / Sherry, group fitness room.
 Monday 8:10-8:55pm or Tuesday 8:00-8:45am or Thursday 8:00-8:45am
 Residents: \$42/14 weeks Non-residents: \$53/14 weeks

SIMPLY FIT - This class is a mix of muscle toning, balance exercises and flexibility training. All exercises will be slow and controlled. This class will assist those who need exercise for osteoporosis, range of motion loss, back pain and instability, to name a few. All levels welcome. Instructors: Lynne / Jane, group fitness room.
 Tuesday 9:15-10:15am or Thursday 9:15-10:15am
 1 day/week Resident: \$37/14 weeks 2 day/week Resident: \$74/14 weeks
 Non-resident: \$42/14 weeks Non-resident: \$84/14 weeks

SPINNING – A bicycling class with an instructor that will talk you through peaks and valleys of a virtual bike ride. This is an interval type of workout in which you are challenged to break free of your comfort zone and to improve your fitness level. Beginners are welcome. Motivational music plays a large part of this workout. Only 6 bikes are available, Sign up right away! All levels welcome.
 Instructors: Sherry / Terry / Diane, group fitness room.
 Monday 8:00-8:45am or Wednesday 8:00-8:45am or Tuesday 6:15-7:00pm or
 Thursday 6:15-7:00pm or Saturday 8:05-8:50am
 Residents: \$42/14 weeks Non-residents: \$53/14 weeks

STEP – This is a high energy class that is choreographed to motivating music. A great workout for your legs on up! Beginners welcome. Instructor: Tamara, group fitness room
 Thursday 7:15-8:00pm Residents: \$42/14 weeks Non-residents: \$53/14 weeks

YOGA 4 TOTS – Children 3-5 years of age learn to move their bodies with coordination and balance while using appropriate breathing for physical and mental awareness. This is a class they will benefit from for years. Instructor: Monica, group fitness room
 Monday 1:15-2:00pm Residents: \$42/14 weeks Non-residents: \$53/14 weeks

YOGALATES – A class that will tone all your muscles while incorporating the stability ball and yoga poses for muscular balance and endurance. An ALL-OVER great class! All levels welcome. Instructor: Jane, group fitness room
 Wednesdays 6:00-7:00pm Residents: \$56/14 weeks Non-residents: \$70/14 weeks

AEROBICS, TAE KWON DO & YOGA – Call 563-2247 for information on these classes (these are not TriHealth classes)

** please see your physician before taking group fitness classes or beginning any exercise programs.

Active Through Arthritis

Tuesday, September 26th
6:00-6:30pm

Take a ½ hour to learn how to bring exercise into your life as you are dealing with arthritis. What exercise is best? When is it OK/not OK to exercise? How can I exercise with this pain? Will the pain get worse? Attend for yourself or someone you know who lives with arthritis.

ADULT SERVICES' PROGRAMS:

Upcoming trips for Adult Services Members :

For more information regarding the trips, please visit our website or contact David Nichols at the Recreation Center. Make checks payable to Joy Tour & Travel.

Steel Magnolias

Wednesday, August 9

FULL

Trip details are available at www.EvendaleOhio.org or in the lobby of the Recreation Center
Adult Services Members \$29/person Non-member guests \$29/person

Tall Stacks Pre-Opening

Monday, October 2

Trip details are available at www.EvendaleOhio.org or in the lobby of the Recreation Center
Adult Services Members \$99/person Non-member guests \$174/person

The Return of Tall Stacks Friday, October 6

Trip details are available at www.EvendaleOhio.org or in the lobby of the Recreation Center
Adult Services Members \$78/person (you may also invite one non-member guest at this \$78 rate. Additional non-member guests are \$99/person)

Ain't That Grand presents:



National Grandparents Day
Sunday, September 10th
4:00 PM

Come at 3:00 PM to help your Grandchild create a special photo portfolio with Evendale Adult Stamping Group.

Founders Pavilion - Bring lawn chairs or blankets

- It helps to pre-register so we have plenty of supplies.

Program is designed for grandparents **BUT EVERYONE** is encouraged to join in the fun!



CARD MAKING ...

2ND AND 4TH TUESDAYS

Session begins again September 12th

Adult Gathering Room

Join this small group of card makers under the guidance of Karen Martens.

There is no fee for this class as an Adult Service Member. However, you are required to create an extra card to be sent overseas and used by our Armed Forces.



CHAPTER ONE BOOK CLUB



Meets the 4th Tuesday each month

Adult Gathering Room

7:00 PM

August 22...[Prodigal Summer](#)

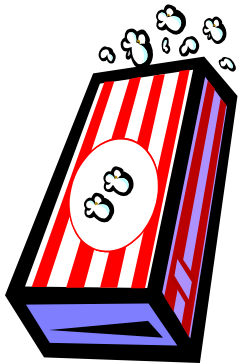
Barbara Kinsolver

Leader: JoAnne Shapiro



MEXICAN TRAIN DOMINOES

3RD Monday Adult Gathering Room
6:30 – 9:00 PM
August 21 September 18
No fee for Adult Service Members



FRIDAY FLICKS

Watch a recently released to DVD movie on our large screen television in the Adult Gathering Room.
Friday, September 15
Failure to Launch

Friday, Sept. 29
Glory Road
Showtime: 2:00 PM



Mah -Jongg

Mah-jongg is a game of skill coupled with wit and luck. The game originated from China during the Ming Dynasty and ... **it's made its way to Evendale!**

Currently, we have 4-10 players meeting **every Monday at 1:00 PM** for an opportunity to fine tune their Mah-jongg skills and enjoy the fellowship.



Knitting with Lori Ciesko is moving to 9:30 AM Wednesdays for Summer.



Enjoy watching the game with friends?

All televised Reds Games will be available on the large screen TV located in the

Adult Gathering Room.

- Games will not be available if the room has been pre-scheduled for a specific

program. All television viewing will have to cease after Center Hours

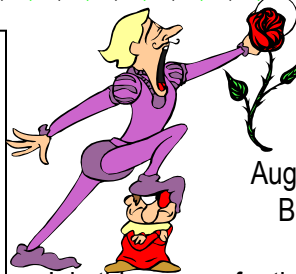
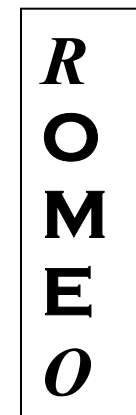


Red Hats

Thursday, August 10
Luncheon at Taft Museum
With Irene Olivier & Marilag Rivera
Leave Center @ 10:30 AM

Thursday, August 24

Dollhouse Tea Party
1:00 PM
Adult Gathering Room



August 9 Jule's,
Beckett Ridge

Join this group of retired men on their monthly excursions to various restaurants around the area for good food and great conversation.
Leader: Ed Gassert



Need To Know Program

"Don't Waste Your Money"
with



Doesn't that stink?

John Materese

Wednesday, August 16th
10:00 AM
Luncheon to follow
\$5.00 Adult Service Members (by August 9th)
\$7.00 Non-Members & late sign-ups



Meet and Greet

Monday, September 11 6:00 PM
"Celebrate Soup"
Ewendale Shelter House
Followed by:
Guitarist Ray Cummins @
Founders Pavilion
No Fee for Adult Service Members when
registered by September 4th
Concert Open to Public ... 7:30 PM



Financial Roundtables

Discussion Leaders
Gerry Motl, CPA, CFP and Nancy Fella
One To One Financial Services, LLC

No fee for Adult Service members
MUST register one week prior to event
RSVP 563-2247

7:00 PM
Adult Gathering Room Ewendale Recreation Center

Tues. September 12
Stocks & Bonds
Basic Concepts

Tues. September 19
Mutual Funds & ETF's
Basic Concepts

Tues. September 26
Investing for the Long Term

Tues. October 3
Annuities

Tues. October 10
Planning For Retirement

Tues. October 18
College Funding

Tues. October 24
Financial Planning 101

Weds. November 1
Life Insurance

Tues. November 7
Long Term Care
Insurance

Tues. November 14
Probate and Estate Planning



Adult Services
Halloween
Party and Dance

So much more than a dance!

Saturday, October 28, 2006
8:00 PM - MIDNIGHT

\$13.00/person by October 10th
(\$15.00 after October 10th)

Costume Judging Games
Softdrinks BYOB
Snacks Palmists
Tunnel of Terror
Weird Wizard Wheel Door Prizes



August 5 Miami Steel Band

August 12 Main Street

August 26 Ooh, La, La