

Evendale Recreation Co-Rec Indoor Volleyball Rules Revised – 12/11/06

1. Eligibility- priority for participation in the league is: a) Evendale Resident Teams, b) Evendale Industrial Teams, and c) others by invitation. Players must be 18 years of age with the exception that two may be under 18, but not under 16 as of the first game date. Any player on a High School volleyball team, during any season, will not be allowed to play on an Evendale Recreation Team.
2. A team will consist of at least 7 players, but not more than ten players. No players may be added after the third week of play. Only those listed on the roster may play.
3. A match may begin with four players. Each team must have at least two females in the game at all times and no more than three men (allows for 2 women/3 man team.) Teams are expected not to do this deliberately and on a consist basis. Teams playing short must designate and play “dead sports”. Ex. Teams may play with 4 females & 2 men.
4. Positions on the floor must be alternately male and female. Dead spots are played as mentioned in Rule 3.
5. Substitutions- rotation substitution may be used, i.e., players may enter the game in the SERVERS position. Players maintain this rotation for the duration of the game.
6. A “Dead ball” must be rolled under the net to avoid injury. Failure to comply...referee may award point to other team.
7. Captains are the only ones permitted to discuss application of a rule. Questioning a judgment call is prohibited. The official may request play to continue at any time. Failure to comply...point/side-out to opposing team. If the offender persists, disqualification and/or forfeiture of the game may result. Any person ejected from a game may not participate in the next game in any capacity, i.e. player, coach or spectator.
8. Starting time of the first match will be per the printed schedule. The first game of this match must start within 10 minutes of the schedule time or it is considered a forfeit. The second, third and fourth games will be forfeited at five minute intervals.
9. If a second match is scheduled, it will begin when the first is concluded. A brief warm-up will be allowed.
10. A toss of a coin will determine serve/court. The serve will remain on that court for the remainder of the games. Teams will change courts after each game.
11. Games will be scored as follows: Game one- 25 points, Game two- 25 points and Game three- 20 points. Teams must win by at least 2 points. Two minute breaks between games.
12. League winner will be decided by total games won throughout season. Head-to-head competition will decide ties. A one game playoff is the second tiebreaker for first place only.

13. Tournament play: Best 2 out of three games will be played. If a team has won the first two games, a third game will not be played.
14. Playing Rules –Federation Rules will be basic.
 - a. No player may touch the net or its suspension while ball is in play-point-side/out.
 - b. Player may not step completely over the centerline or its extension while the ball is in play.
 - c. A ball hitting the ceiling or overhead obstruction is in play if the offensive team has an additional legal hit.
 - d. A ball hitting a backboard or stuck in a vent is a dead ball and will not be replayed because it is considered out of bounds.
 - e. Serving:
 - 1) Any style serve is permitted.
 - 2) The ball must pass over the net and may contact the net and land in the court.
 - 3) All players except the server must be within the court when the ball is served.
 - f. Ball Contact:
 - 1) Serve may be received with a bump or a two handed set.
 - 2) First ball over the net may be “double-contacted” at any time during a point.
 - 3) A legal contact may be made with any part of the body above the waist.
 - 4) The ball may not come to rest during contact.
 - 5) A team may not contact the ball more than three times before returning the ball to the opponent. Exception is a legal block by front row players only.
 - 6) Simultaneous contact is one hit. Either player may make the next contact.
 - 7) A person making a legal block may make the next contact after the block.
 - 8) The serve may not be attacked.
 - 9) Backboards are raised; they will be played as part of the ceiling.
15. Questions regarding rules interpretation must be concluded at the time of the occurrence. No protests regarding playing rules are allowed.
16. AWARDS- in lieu of awards/trophies, there will be an end of season party on the last day of play.
17. **MOST IMPORTANTLY, HAVE FUN! THIS LEAGUE IS RECREATIONAL AND MEANT FOR JUST THAT PURPOSE.**