

# EVENDALE EAGLES SWIM TEAM

2007 issue 5 contributions to newsletter – email to michelehilde@fuse.net

June 25, 2007



## Eagles 2007 Swim Team Meet Schedule

BOTH MEETS (SHARONVILLE & WYOMING) THIS WEEK WILL BEGIN @ 6PM. PLEASE ARRIVE BY 5PM FOR WARM-UPS.

The remaining meets will begin at 6:30pm.

(PLEASE ARRIVE 1 HOUR PRIOR TO MEET TIME FOR WARM-UPS)

June 26<sup>th</sup> – Sharonville – HOME @ 6pm

June 28<sup>th</sup> – Wyoming – HOME @ 6pm

July 3<sup>rd</sup> – BYE

July 5<sup>th</sup> – @ Greenhills

July 10<sup>th</sup> – @ Reading

July 12<sup>th</sup> – @ St. Bernard

July 17<sup>th</sup> – NCH - HOME

(Senior night and Ice Cream Social - See activity sheet for details)

July 19<sup>th</sup> – Rain Date (if needed)

July 23<sup>rd</sup> and July 24<sup>th</sup>

Championships at **EVENDALE!!!**



**WE NEED YOU & YOU & YOU!!**

Championship Volunteering is underway – please see volunteer binder for sign-ups. Each family needs to sign-up for at least 1 shift for championships. Sign-up early to find a shift that works best for you. Deadline for Championships volunteering is Friday, July 13<sup>th</sup>. Various times are needed in the Officials Hospitality Room (Chairperson - Lori Radcliff), Parking Attendant (Chairperson - Mike Bennett), Championship Set-Up (OPEN), Championship Tear-Down (OPEN), Front Gate, Announcer, Heat Ribbons, Drink Runner, Production Team for Cable Broadcast, Lost & Found, Concessions, etc... Contact Maureen Flavin or Steve Berke with any questions. Please consider giving your time & talents to make the Championships a SUCCESS – THANKS!!!



## CHAMPIONSHIP REQUIREMENTS

In order for a swimmer to compete in Championships, a swimmer must compete in at least **2** dual meets (excluding Apples & Bananas).

**Advice: Don't wait until the last remaining meets to fulfill your requirement.**



Regular morning practice times  
8:00-9:30 13 & over  
9:30-10:20 age 7, 8, 9  
10:20-11:15 age 10, 11, 12  
11:15-11:45 6 & under

## MISCELLANEOUS NOTES FROM COACHES:

- Arrive to practice “ON TIME”.
- Sign-out of meets in a timely manner.
- Coming to practice really pays off-“You get what you give.”

## EVENDALE STROKE & TURN JUDGES ARE NEEDED!!

Training @ Evendale provided by Steve Berke or Cindy Howell. Get MORE out of the swim meets by being a judge. Parents of young swimmers should consider being a judge. Learn more about swimming rules, flip turns, violations & more. Please contact Amy Gase at [acgase@hotmail.com](mailto:acgase@hotmail.com) for more information.



✓ Check out the autographed plaque signed by Six-Time Olympic Gold Medallist and Multiple World Record Holder – **MICHAEL PHELPS**.  
“GO EVENDALE EAGLES”

The plaque is hanging on the wall as you enter pool - left of pool records board. Thanks to the Spraul Family for obtaining this unique treasure.

✓ Check out “Swimming World Magazine” article featuring Evendale Eagle Swimmer **Brian Howell**. Brian swims for the Cincinnati Marlins and Moeller High School. He is an All-American Candidate and a Promising Senior To Be. Brian is ranked 13<sup>th</sup> in the 200IM and competes in the 500 free. A copy of the article is posted on the swim team bulletin board. Congratulations Brian and Good Luck with the College Recruiting!!



**NEW RULE:** This year a false start is an immediate disqualification. Swimmers will swim the entire race and will be told @ the conclusion of the race that they have been disqualified (DQ). Recall rope will be rarely used. Restarts will be at the judgment of meet officials.

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**Reminder:** After each swim meet return pool chairs to their proper place and clean-up your area.

“FLY LIKE AN EAGLE T-SHIRTS” and swim caps are given to each 2007 swim team member. If you have NOT received your t-shirt and swim cap, these items are in a box (in the guard room) labeled with your name. We have been looking for you!!!  
Thanks to Scott Schneider for this years t-shirt design.

*Upcoming Swim Team Activities*  
**SNACK MORNING SCHEDULE**  
Each swimmer will receive a snack after their practice time on the following dates:

**Monday, July 2<sup>nd</sup> – Muffin**



**Tuesday, July 10<sup>th</sup> – Bagel**



**Wednesday, July 18<sup>th</sup> – Watermelon**



**Thanks to Julie Skoog & Angela Guye for chairing morning snacks!**



## LUNCH WITH COACHES

This event is in the planning stages – Please check future newsletters for more information.



**Christa Cobb** is accepting donations of 35mm film and action/fun photos of all our swim team kids for the infamous “Wall of Fame”. If you have any extra photos that you have taken during the season and are willing to donate. Please drop them in the “Cobb” family bin, along with the swimmer(s) name on back of picture. Along with **Christa, Phyliss Dwyer, Randy Ferchen, Katie Leary & Jody Petersman** are working to have at least 1 picture per child. All photos will be displayed on the wall in the gym on Awards Night. You can purchase these photos for .25¢ per photo. The money collected helps offset the film & processing expense. Thanks to these committee members!!!



**SWIM TEAM 13 & OVER CANOE TRIP**–Friday, June 29<sup>th</sup>

Meet at Rec Center 11:45am and return to the Rec Center at approx 5pm.

All participants must fill out and turn in a signed **Release of Liability** form (located in the back of the swim team bins). Please place the completed forms in the RADCLIFF folder. Cost - \$15 per person. Check the Swim Team Bulletin Board for Sign-up Sheet, Chaperones/Driver list along with drinks, snacks & desserts. Please call Lori (769-4171) with any questions.



## **2007 NSSL**

### **CHAMPIONSHIP T-SHIRT**

Anyone interested in ordering a Championship t-shirt needs to have order in lock-box by June 27<sup>th</sup>. Order forms are available in the back of the swim team bins.



**26<sup>th</sup> Annual July 4th 10K Run and 4.5 mile Course for Walkers**  
It is not too late to sign up for the run or walk on July 4<sup>th</sup>. The entry fee is only \$15 per person - register @ the Recreation Center. It is a great warm-up in the morning with friends, family & neighbors. Fresh fruit, bagels, bottled water and fabulous door prizes following the race. Pool will be open to race participants and their families.

All ages are welcome!!!

**GOD BLESS AMERICA**