

EVENDALE EAGLES SWIM TEAM

2008 issue 3 contributions to newsletter – email to michelehilde@fuse.net

June 9, 2008

Apples & Bananas Inter-Squad Meet



The annual Apples & Bananas Meet will be on Thursday, June 12th. For all new families – this is a practice meet where the Evendale Eagles swimmers are divided into two teams. Swimmers are either an Apple or a Banana. During this practice meet, swimmers become familiar with the flow of the meet. While parents have an opportunity to learn various volunteer positions (timers, runner, ribbon writer, etc...) This meet is always a lot of fun and a chance for some good hearted inter-squad competition.

The meet is followed by a pizza party. There is still time to get your order in the for pizza party. Deadline – Order form & money must be placed in lockbox by the time the pool closes Tuesday, June 10th. NO LATE ORDERS will be accepted and tickets ARE NOT AVAILABLE for purchase Thursday evening. PREPAID pizza tickets will be available for pick-up on Thursday evening. When your swimmers arrive for warm-ups, your family's pizza tickets will be distributed.

REMINDE your swimmers to receive their apple or banana tattoo after their Thursday morning practice. Team lists will be posted at that time and volunteers will create your tattoo or paint your nails in Apple Red or Banana Yellow. Volunteers are still needed. An Apple & Banana snack will be available for swimmers after their morning practice.

Please sign up in the Volunteer Binder at the pool desk.

Thanks in advance to Annie Shadley and Lisa Toney for chairing this event. We look forward to an exciting competition and a season of fun!



Regular morning practice times
8:00-9:30 13 & over
9:30-10:20 age 7, 8, 9
10:20-11:15 age 10, 11, 12
11:15-11:45 6 & under

REMINDER – STROKE & TURN JUDGE CLINIC IS MONDAY, June 9th 6pm @ Evendale Recreation Center

Evendale NEEDS Stroke & Turn Judges. Please consider attending this clinic (approximately 90 minutes) to learn more about becoming a certified judge. This is also a great educational meeting. Parents of young swimmers should consider being a judge. Learn more about swimming rules, flip turns, violations & more.



Eagles 2008 Swim Team Meet Schedule

All meets begin at 6:30pm. The **Sharonville** meet on June 26th and the **Wyoming** on July 8th will begin at 6:00pm

PLEASE ARRIVE 1 HOUR PRIOR TO MEET TIME FOR WARM-UPS

June 12th – Apples and Bananas (Pizza party to follow – see activity sheet for details)
 June 17th – Greenhills – HOME
 June 19th – Reading - HOME
 June 24th – BYE
 June 26th – @ Sharonville @ 6pm
 July 1st – @ Springdale
 July 3rd – BYE
 July 8th – @ Wyoming @ 6pm
 July 10th – St Bernard - HOME
 July 15th – Norwood - HOME (Senior night and Ice Cream Social - See activity sheet for details)
 July 17th – Rain Date (if needed)
 July 21st and July 22nd - Championships at **Norwood!!!**

9-10 Year-old Swimmers are responsible for delivering their own lane slips to the timers. 8 and under swimmers to not have this responsibility.

MISCELLANEOUS NOTES FROM COACHES:

- Arrive to practice and warm-up to swim meets ON TIME.
- Eat a healthy breakfast each morning.



MEET SIGNOUTS

There is a sheet for every meet. Please sign out your swimmer if they will not be at that meet as soon as possible!! Line-ups are usually made several days in advance and it is crucial that the kids are signed out ahead of time. If an emergency comes up on Meet day, please let the coaches know as soon as possible.

It is VERY important to let the coaches know ASAP if a swimmer will NOT be swimming in Championships

Reminder: During swim meets, a bridge is placed across the pool to create a walkway for meet officials and coaches ONLY! Please remind your children NOT to use this bridge.



SWIM TEAM 13 & OVER CANOE TRIP–Thursday, July 3rd
 Meet at Rec Center 11:45am and return to the Rec Center at approximately 5pm.

All participants must fill out and turn in a signed **Release of Liability** form (located in the back of the swim team bins). Please place the completed form and \$15 per person in lock-box. Check the Swim Team Bulletin Board for Sign-up Sheet, Chaperones/Driver list along with drinks, snacks & desserts.



Don't Miss a Sizzling Time @ Evendale's Annual Firehouse Chili Lunch – Wednesday, June 11th 11am – 1pm
 \$4 for a 4-way, beverage & door prize chance.

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June 8, 2007

ORDER OF EVENTS @ SWIM MEETS

<u>GIRLS</u>	<u>AGE GROUP</u>	<u>MT/YD</u>	<u>STROKE/EVENT</u>	<u>BOYS</u>
1	13 & OVER	200	FREESTYLE	2
3	8 & UNDER	100	MEDLEY RELAY	4
5	9 & 10	100	MEDLEY RELAY	6
7	11 & 12	200	MEDLEY RELAY	8
9	13 & 14	200	MEDLEY RELAY	10
11	15 – 17	200	MEDLEY RELAY	12
13	8 & UNDER	25	BUTTERFLY	14
15	9 & 10	25	BUTTERFLY	16
17	11 & 12	50	BUTTERFLY	18
19	13 & 14	50	BUTTERFLY	20
21	15 – 17	100	BUTTERFLY	22
23	6 & UNDER	25	FREESTYLE	24
25	7 & 8	25	FREESTYLE	26
27	9 & 10	25	FREESTYLE	28
29	11 & 12	50	FREESTYLE	30
31	13 & 14	50	FREESTYLE	32
33	15 – 17	100	FREESTYLE	34
35	10 & UNDER	100	INDIVIDUAL MEDLEY	36
37	11 & 12	100	INDIVIDUAL MEDLEY	38
39	13 & 14	100	INDIVIDUAL MEDLEY	40
41	15- 17	200	INDIVIDUAL MEDLEY	42
43	6 & UNDER	25	BACKSTROKE	44
45	7 & 8	25	BACKSTROKE	46
47	9 & 10	25	BACKSTROKE	48
49	11 & 12	50	BACKSTROKE	50
51	13 & 14	50	BACKSTROKE	52
53	15 – 17	100	BACKSTROKE	54
55	8 & UNDER	25	BREASTSTROKE	56
57	9 & 10	25	BREASTSTROKE	58
59	11 & 12	50	BREASTSTROKE	60
61	13 & 14	50	BREASTSTROKE	62
63	15 – 17	100	BREASTSTROKE	64
65	8 & UNDER	100	FREESTYLE RELAY	66
67	9 & 10	100	FREESTYLE RELAY	68
69	11 & 12	200	FREESTYLE RELAY	70
71	13 & 14	200	FREESTYLE RELAY	72
73	15 – 17	200	FREESTYLE RELAY	74