

EVENDALE EAGLES SWIM TEAM

May 11, 2009

AFTER SCHOOL PRACTICE BEGINS MONDAY MAY 18th

After school practice times are:

3:30-4:30 9 & Over
(no 8 & unders at this time)

4:30-5:00 8 & Under
(ONLY for kids that can swim independently without a coach in the water. Kids who can't swim independently will start in June at the morning practices)

5:00-6:00 9 & Over
(no 8 & unders at this time)

Regular morning practice times*

8:00-9:30 13 & over

9:30-10:20 ages 7, 8, 9

10:20-11:15 ages 10, 11, 12

11:15-11:45 6 & under

Morning Practice will start on June 1st

Swim Team Meet Schedule

All meets begin at 6:30 pm. The Sharonville meet on June 23rd and the Wyoming meet on June 30th will begin at 6:00 pm.

June 11th – Apples and Bananas
(Pizza party to follow – see activity sheet for details)

June 16th – St. Bernard – HOME

June 18th – Norwood – HOME

June 23rd – Sharonville – HOME

June 25th – at Reading

June 30th – Wyoming – HOME

July 2nd – Springdale – HOME

(Senior night and Ice Cream Social - See activity sheet for details)

July 7th – at Greenhills

July 9th – Raindate

July 13th and July 14th – **Championships at Springdale** (please note the July 14th start time-warm-ups start at 11:20am, the meet will start at 1:30pm)

EMERGENCY MEDICAL FORMS

**Please turn these in ASAP!
Please put them in the Lockbox at the pool.**

TEAM SUITS

If you missed the suit fitting, you can go to Kast-A-Ways or visit them on the web to order suits.

1. Log on to: kastawayswimwear.com
2. Click in TEAMS in the upper right corner
3. Enter username: EVENDALE
4. Enter password: EAGLES

Start Shopping!

VOLUNTEERS!!

If you have not signed up for working at the meets or for any activities yet, please do so at the pool in the volunteer binder or contact Barb Rohs (769-1420) brohs@fuse.net or Katie Leary (563-0370), our volunteer coordinators, ASAP.

It takes approximately 43 people to run a home meet and 14 volunteers for an away meet. Please volunteer for 3 meets, championships, and 1 activity!

Activities require volunteers to run smoothly as well. Each major activity has an organizer(s). Please support them by volunteering!

Our Coaches

Chad Winkle – Head Coach

Katie Gorsuch

Jen Schell

Elizabeth Shadley

Laura Flynn

Rob Flavin

QUESTIONS?!

Please feel free to contact one of the parent board members

Steve Berke – 733-8815 (co-president)

Maureen Flavin – 563-7608 (co-president)

Vicki Koppahafer – 769-4318 (Treasurer)

MEET SIGNOUTS

There is a sheet for every meet. Please sign out your swimmer if they will not be at that meet as soon as possible. Line-ups are usually made several days in advance and it's imperative that the kids are signed out ahead of time. If an emergency comes up on Meet day, please let the coaches know as soon as possible.

It is VERY important to let the coaches know ASAP if a swimmer will NOT be swimming in Championships.

PENN ALERT

We will be using a calling system, similar to last year, to communicate with all of the families this season. This phoning system will contact all the swim team families to alert them if any changes in swim team events or practices should occur. Please be sure to list all pertinent information on your activity forms so you can be contacted.

Family Bins

With a team as large as the Eagles communication is the most difficult area to be successful. The system that the team uses is "Family Bins". After a family officially signs up for swim team, a folder is created with the family name on it. Plastic File Bins are located each day at the pool during practice. ALL communication concerning activities, maps, championships, ribbon distribution, etc., will be done through hand-outs that will be placed in the family bins. **PLEASE CHECK THEM REGULARLY!** A newsletter will be distributed approximately once a week, but additional information could be placed in the bins on other days as well.

Disclaimer: There could be an occasion that the coaches tell the swimmers information. We will try to always have things planned ahead of time so that it can be written down and distributed via the family bins.

The Family Bins are for information that each family receives only. Do not place items that you are turning in such as activity sheets/permission slips etc, into the family bin.

EVENDALE EAGLES SWIM TEAM

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Swim Team Activities

Activities are being planned. Most, but not all, require SEPARATE signup and a fee in addition to your swim team fee and registration.

Please use the Activity Signup sheet and complete as soon as possible. Place completed forms with checks in the lock/drop box at the pool located at the side of the desk. **The Recreation Center WILL NOT collect these forms. Please do not try and turn them in there.**

Snack Mornings

Approximately one morning each week after practice

- No fee or signup required.
- Thanks to **Angela Guye** and **Julie Skoog** for organizing!

Apples & Bananas Pizza Party

Follows Apples & Bananas Meet June 11th
Pizza party requires signup and fee

- All Swim Team Members and their families are invited to participate
- \$3.00 per person includes two pieces of pizza and a drink
- Reservations must be made by **Tuesday, June 9th**
- Thanks to **Anne Shadley** and **Lisa Toney** for chairing this event!

Age Group Lunches – TBD

- Swimmers age 12 and under
- Swimmers bring their lunch
- Drinks and desserts are provided
- No fee or sign up required
- We need a volunteer to organize this event!

Senior Swimmer Activity – Canoeing – July 3rd

- Swimmers ages 13 and up may participate
- \$16.00 per swimmer
- Parent chaperones needed
- Reservations must be made by **TBD**
- We need a volunteer to organize this event!

Senior Night and Ice Cream Social and Dance July 2nd

Seniors to be recognized during meet
Ice Cream and Dance follows meet
Ice cream requires signup and fee

- Make your own sundae party!
- Music will begin immediately following the meet....dance until 11:00
- Cost is \$2.00 per person to build your own sundae...everyone can enjoy the music
- Thanks to **Julie Gorsuch** for organizing Ice Cream and Dance!
- All swimmers and their families are invited to attend.
- Reservations must be made by **Friday, June 26th**.

Spaghetti Dinner and Pep Rally Sunday July 12th 5:00 pm

Dinner requires signup and fee

- All swim team members and their families are encouraged to attend
- Evendale Recreation Center...New Gym
- \$5.00 per person (max of \$20.00 per family) includes Spaghetti, Bread and Drinks
- Last name A-N bring a Salad for at least 12
- Last name O-Z bring a Dessert for at least 12
- Activities include making banners and signs, painting nails, applying Tattoos, decorating cars and getting fired up for championships!!!! Come Join The Fun!!!!
- Thanks to **Barb Russell** and **Leanne Berke** for organizing this event!
- Reservations must be made by **Friday, July 3rd**.

After Championship Party

- Meet at the pool after the championship meet July 14th for swimming and fun. Volunteers will be needed. A small fee will be charged for food.
- Thanks to **Susie Finan** for organizing this event!
- This will begin around 7 pm due to the earlier start time of finals.

End of Season Awards Night

- Get together July 16th @ 7:00 p.m. to look at pictures, pick up awards and coaches reflection on the season.
- No fee or signup required.

Stroke & Turn Clinic

In order to be a stroke or turn judge at our dual meets, the league is requiring a certification. This is easily done by attending a 1 & 1/2 hour meeting (must be done yearly), or by being a certified USA or YMCA official. This meeting is also a great educational meeting even if you're not sure you'd like to judge. This clinic is being held on June 1st at 6pm at the Evendale Rec Center.

NEWSLETTERS & COMMUNICATION

We are looking for someone to take over the newsletter. This job can be done from home . Thank you to Michele Hildebrandt who did a wonderful job the past few years.

The bulletin board at the pool may also be used to post swim team information.

Please also visit the Evendale website at www.evendaleohio.org for all of the swim team information. You will be able to get directions to meets, newsletters, and forms to download for all of the above activities.

