

RECREATION CENTER:



DOG DAY AT THE POOL

The Evendale Family Aquatic Center has "gone to the dogs!" Here's an opportunity for your pooch to swim in the pool, float on a doggie raft, jump in after Frisbees™ and balls or their favorite toy. Don't forget to bring their favorite toy or ball. Dogs will follow their owner's rules and must be accompanied by their owners (family) at all times. Dog and owner must register at the Recreation Center to participate. People will not be allowed in the pool unless a dog is in distress (in advance, thank you for your cooperation.) Entrance will be through the concession area gate. Dogs prohibited from participating are Rottweilers, Pit Bulls, or any aggressive, non-socialized dog. (No cats.)

Date: Sunday, September 10 Time: 6:30 – 8:00 pm

Location: Swimming Pool Fee: **FREE**

Age: Owner must be 16 years or older unless accompanied by an adult
Min/Max: 30/75



HULA DANCING

The Beginning Hula class, for students' ages 8 through 80, will teach the basics of hula dancing and progress with the basic steps, and the student will begin to learn simple hula dances. No prior experience is necessary for the beginning class. In the Intermediate "Children's" Hula class, students will continue to use the basic hula steps to learn more advanced hula routines. Please wear loose fitting clothing.

Where: Recreation Center, Group Exercise Rm.

Day: Saturday Weeks: 12 (Min. 6; Max.15)

Dates: Sep 16 – Dec 16 (No classes Nov 4 or Nov 25)

Time: Intermediate, 11-11:45am;

Beginning, Noon-12:45 pm

Fee: Residents \$60; Non-residents \$72

Instructors: Intermediate – Julie; Beginning – Wendy



Fall Children's Programs

Fall Children's Programs, September 11 - November 10

(Min 6, Max 12 for each class)

MAX OF TWO CLASSES

PER CHILD

ADD CHILD'S NAME TO WAIT LIST FOR OTHER CLASSES

**This new policy has been instituted so that we may accommodate as many children as possible in our classes. Your cooperation and understanding is appreciated.*

\$10 per class by September 1

\$15 per class after September 1

"Theme Thursdays"- **NEW CLASS ADDED!**

3 and 4 year olds. (Max 12, Min 6)

Thursdays 9:30 – 10:30 am

Come on down to Evendale Recreation Center and join your friends each week for a fun filled Thursday morning! We will be picking a new theme for each week and completing different activities that go along with each different theme. This class is sure to be a great time, so we hope to see you all in the fall!

"Kit 'n Kaboodle"

18 months - 36 months, Accompanied by an Adult. (Max 12, Min 6)

Mondays 9:30 - 10:30 am

Start the week off with a whole Kit 'n Kaboodle worth of fun! Toddlers and their parent or guardian will socialize through free play and group activities. Songs, crafts and movement will be introduced through weekly theme-related activities.

"Ready - Set - Go!" - **FULL**

18 months - 36 months, Accompanied by an Adult. (Max 12, Min 6)

Wednesdays 9:30 - 10:30 am

Are you READY to play? Are you SET to start moving? Then let's GO! Our gross motor program introduces toddlers and their parents or guardian to the world of movement. There is not much sitting still as parachute play, bean bags, instruments, mats and soft gym equipment are interwoven into an hour of fun.

“Music, Mom & Me”

18 months - 36 months, Accompanied by an Adult.
(Max 12, Min 6)

Fridays 9:30 – 10:30 am

We'll sing, play, dance and have fun with music. Instruments, streamers, lummi sticks and bean bags will help us find our rhythm.

“Explore with Dora” – new! - FULL

3 and 4 year olds. (Max 12, Min 6)

Mondays 10:45 – 11:45 am

HOLA from Dora and the rest of her friends! She would like to invite you to come exploring at the Recreation Center. Each week we will open her backpack and learn about the world around us through stories, games, songs and crafts. We will also learn a little Spanish along the way. Children must be potty trained.

“Wiggle, Giggle & Shake” - FULL

3 year olds. (Max 12, Min 6)

Fridays 10:45 – 11:45 am

Put a little Wiggle, Giggle & Shake into your Friday mornings! Our class offers kids the chance to socialize, exercise and have fun through movement inspired activities. Large motor skills and coordination will be developed with the use of indoor play equipment, parachute, scooters and balls. Music, stories and crafts will be included in our hour of wiggling, giggling and shaking. Children must be potty trained. Gym shoes required.

“Edible Art” – new!

4 – 6 year olds. (Max 12, Min 6)

Tuesdays 1:15 – 2:15

Have fun with food! We'll explore nutrition while we make some creative and yummy snacks. Please advise us of any food allergies when registering.

“Around the World in Nine Days” – new!

This class is offered in the afternoon and in the evening!

Indicate which one you wish to attend at registration.

4 – 6 year olds. (Max 12, Min 6)

Wednesdays 1:15 – 2:15 pm

or

Tuesdays 6:30 – 7:30 pm – *new time!*

Come on a trip around the world with us! We will be learning about a new country each day and completing activities that have to do with their different cultures.

“Nuts about Nature”

4 – 6 year olds. (Max 12, Min 6)

Thursdays 1:15 – 2:15 pm

This class will allow the children to explore nature through a variety of different activities including crafts, snacks and games. The changing seasons and beautiful colors of fall are sure to make this class one to remember!

“Shake - Rattle - Roll” - FULL

4 - 6 year olds. (Max 12, Min 6)

Fridays 1:15 - 2:15 pm

This Friday afternoon class will allow children to unwind after a long week! We will be playing games and completing different activities that are sure to be a good time.



Trick or Treating

Monday, October 30

FREE!

Meet at the Recreation Center at 1:15 PM, *in costume*, to Trick or Treat at the Fire Department, Police Department, Administrative Offices and of course, the Recreation Department!



“P is for Jack O’ Lantern”

Wednesday, October 25

6:00 – 8:00 PM

Ages 5 – 10, Accompanied by an Adult

\$2 per person by Oct. 23 \$4
per person after Oct. 23

*Pumpkin Carving &
Refreshments at the Shelter
House!*





Mother Son Night of Fun

September 30 at 7:00 PM

1st – 6th Grades Boys and their
Moms.

*Crazy games & relays . . . dress in
comfortable shoes & clothes!*

Refreshments afterwards!

\$2 PER PERSON by September 22

\$4 PER PERSON after September 22

Must be pre-registered by 9/29 at
12:00 Noon.



Spanish Classes for Fall – *new!*

1st – 3rd Graders, Wednesdays 4:30 – 5:30 P.M.

September 13 – October 18 (Min. 6, Max. 8)

Evendale Residents \$75 Non-Residents \$85
(six week class)

4th – 6th Graders, Wednesdays 5:50 – 6:50 P.M.

September 13 – October 18 (Min. 6, Max. 8)

Evendale Residents \$75 Non-Residents \$85
(six week class)

Adult Class, 16 years of age and older,

Wednesdays 7:15 – 8:15 P.M.

September 13 – October 18 (Min. 6, Max. 8)

Evendale Residents \$75 Non-Residents \$85
(six week class)



HOLD THE DATE:

TURKEY SHOOT 2007

will be on Saturday, Nov. 10th
in the South Gym at 10:00am.

Sign-ups begin October 1st



Preschool Drawing Class

Ages 3½ - 6 years old

Thursdays, 4:00 – 4:45 PM

September 14 – October 19 (Min. 6, Max. 10)

\$58 Residents
\$68 Non-Residents

Elementary Drawing Class

Ages 6 – 12 years old

Thursdays, 5:00 – 6:00 PM

September 14 – October 19 (Min. 6, Max. 20)

\$58 Residents
\$68 Non-Residents



A Spooktacular Night In Evendale!

THE HALLOWEEN FEST

Saturday, October 21

6-10 PM

6:00 PM

Show off your Halloween Costume at the Halloween Parade led by

The Redd Khatt Jazz Band

Following the Parade, enjoy an evening of fun, food & games!

Take a walk through the Phi
Lambda Pi Haunted Trail

Visit the Pumpkin Patch
Games and Crafts

FORTUNE TELLING

**Take a Hayride
and sing along
with Jim Gillum**

Roast a Hotdog
Make a S'more
Dip Caramel Apples,
Hot Chocolate. Soft Drinks.

Hot
Apple Cinnamon
Donuts

LOTS OF
GHOULISH
PRIZES !

Relax around the toasty
bonfire or dance to your
favorite music!

**Candy
Corn Hole**

This Family Event is for Evendale Residents and their Grandchildren

(children must be accompanied by an adult)

\$1 per person before Oct. 17

\$2 per person after Oct. 17

Please dress for the weather...event will be moved inside for rain only

PHI LAMBDA PI NEWS:

New Member Events

“Fresh Meat Competition Continues” . . .

Fun games & activities!

August 30	7:00 – 9:00
September 6	7:00 – 9:00

All Evendale Residents in the 8th – 12th grades are invited to participate in ΦΛΠ. Come down any Wednesday night from 7:00 – 9:00 PM.

Call or e-mail

Kim.Pielage@evendaleohio.org for more information!

Phi Lambda Pi

ENTERTAINMENT BOOK SALE

Cincinnati Edition

Only \$20



Available Now at the Following
Locations:

- (1) Evendale Recreation Center
- (2) From a Phi Lambda Pi Member
- (3) www.entertainment.com, account #101096.

Out-of-Town Editions May Also be
Ordered from Phi Lambda Pi.

YOUTH SPORTS:

BASKETBALL

Youth Basketball 5-17 yr olds

Sign ups begin Thursday, Sept. 1 at 9:00 am

Season runs December - February

Sign up by Birth date!!!

Fee: \$10.00 resident by October 5th

\$20.00 resident starting Oct. 6th if space still remains.

\$30 non-residents starting Oct. 6th if space still remains

Teams will be limited to 10 players.

8/1/99 - 7/31/01 - Beginner (Co-Ed)

8/1/98 - 7/31/99 -Instructional

8/1/97 - 7/31/98 - Bantam

8/1/98 - 7/31/97 - Midget

8/1/95 - 7/31/96 - P Wee

8/1/94 - 7/31/95 - Intermediate

8/1/93 - 7/31/94 - Jr. High I

8/1/92 - 7/31/93 - Jr. High II

8/1/90 - 7/31/92 - High School I

7/31/87 - 7/31/90 - High School II ***

***Must still be enrolled in H.S.

ADULT SPORTS:

Presenting...Evendale's First Annual

COED NIGHT

Includes Cornhole, Egg Toss, Hula Hoop Contest

Friday, Oct. 6, 2006

7 – 11 p.m.

Must be 21 and over

\$6/person

Cornhole Tournament (Men's, Women's and Co-Ed Divisions- sign up individually)

1st Annual Evendale Egg Toss Competition (Revolving Trophy to be won – be first to have your name on this impressive trophy) (When signing up, state who your partner will be for both events. It does not have to be the same person!)

Don't want to play either...you can still sign up to enjoy the fun! D.J., Munchies, set-ups, and lots of fun will be provided.

Must sign up by Sept. 29th



Men's Golf Outing – Sharon Woods- Sept. 12th
 First tee time is at 11:30 a.m.
 Maximum of 80 players - please sign up as a
 foursome. All players must pay when they sign up for
 their tee time.
 Cost is \$60/person - fee includes 18 holes of golf, golf
 range, cart, dinner, drinks and prizes! If there are
 spots available after August 22nd, non-residents may
 sign-up for \$80.00/person.

6:00-7:30pm
 Ladies Tennis
 \$36 Resident \$48 Non-Resident
 (6:00–6:30 Live Ball Drills,
 6:30-7:30 Singles & Doubles Match Play)

Thursdays **5:30-7:00pm**
 Men's Night
 \$12 Resident \$24 Non-Resident
 (5:30–6:00 Live Ball Drills,
 6:00-7:00 Singles & Doubles Match Play)

Saturdays **9:00-10:00am**
 Tennis Fitness for all levels
 \$15 Resident \$25 Non-Resident

Youth
Mondays & Wednesdays **4:00-5:00pm**
 Jr./Sr. High School Age
 \$24 Resident \$36 Non-Resident

5:00-6:00pm
 Elementary Age
 \$24 Resident \$36 Non-Resident

TENNIS:
SEPTEMBER 11 – SEPTEMBER 30

Adults
Mondays & Wednesdays **9:00-10:00am**
 Stroke Development & Match Play
 \$24 Resident \$36 Non-Resident

6:00-7:30pm
 Ladies Tennis
 \$36 Resident \$48 Non-Resident
 (6:00–6:30 Live Ball Drills,
 6:30-7:30 Singles & Doubles Match Play)

Thursdays **5:30-7:00pm**
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Mondays & Wednesdays **4:00-5:00pm**
 Jr./Sr. High School Age
 \$24 Resident \$36 Non-Resident

5:00-6:00pm
 Elementary Age
 \$24 Resident \$36 Non-Resident

OCTOBER 2 – OCTOBER 21
Adults
Mondays & Wednesdays **9:00-10:00am**
 Stroke Development & Match Play
 \$24 Resident \$36 Non-Resident

SIGN UP REGISTRATION
Sign up one week prior to each session.
Minimum of four pre-registrants required to have
each program

CHILDCARE ROOM HOURS:
 M - F 9:00 a.m. – 11:45 a.m.
 W 5:00 – 8:00 p.m.

FITNESS:
REMEMBER: Please check with your doctor before
starting any fitness program.

EVENING YOGA with Roger
 Current session: 8/21 – 10/16 6:30-8:00pm
 Mondays in the Group Exercise Room
 Residents: \$56 Non-Residents: \$72
 Walk-In Fee: Res.: \$10 Non-Res.: \$12

MORNING YOGA with Stephanie
 NEXT session: 8/16-10/4 9:30-11:00am
 Wednesday s in the Group Exercise Room
 Residents: \$64 Non-Residents: \$82
 Walk-In Fee: Res.: \$12 Non-Res.: \$14

AEROBICS with Lisa

Next session runs: 9/6-10/27 9:30 - 11:00 a.m.
 Top Shape on Mondays & Wednesdays in the South
 Gym, Step on Fridays in the Group Exercise Room
 3 days a week= \$96 Resident \$98 Non-Res.
 2 days a week= \$80 Resident \$82 Non-Res.
 1 day a week = \$48 Resident \$50 Non-Res.
 \$7.00 walk-in fee

TAE KWON DO with Mike

Sessions run monthly. Tuesdays & Thursdays
 6:00 p.m. - 7:00 p.m.
 \$25 per person. If more than one family member signs
 up, only \$20 each.



Group Fitness Schedule
September 9th - December 21st
No classes November 22nd-25th

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SPINNING 8:00-8:45am	PILATES 8:00-8:45am	SPINNING 8:00-8:45am	PILATES 8:00-8:45am		SPINNING 8:05-8:50am
	SIMPLY FIT 9:15-10:15am		SIMPLY FIT 9:15-10:15am		MUSCLE 9:15-10:15am
		<p style="color: red; text-align: center;">Sign-up 72 hours before a class is schedule to begin. Too few sign-ups at that time may cancel the class. Signing up the day the class starts will not save it.</p>			
YOGA 4 TOTS (age 3-5) 1:15-2:00pm	BALLET (age 3-5) 1:15-2:00pm				
	SPINNING 6:15-7:00pm	YOGALATES 6:00-7:00pm	SPINNING 6:15-7:00pm		
	MUSCLE 7:15-8:15pm		STEP 7:15-8:00pm		
PILATES 8:10-8:55pm					

Walk-in Fee for TriHealth classes (resident or non-resident):
 45 minute class = \$5 60 minute class = \$6

BALLET – Children 3-5 years of age will learn the basics of ballet dance. They will gain body awareness, coordination and balance. Instructor: Darla, group fitness room
Tuesday 1:15-2:00pm Residents: \$42/14 weeks Non-residents: \$53/14 weeks

MUSCLE – This class includes a warm-up and exercises to target major muscle groups to build muscular strength and endurance. All levels welcome. Instructors: Stephanie / Tamara, group fitness room
Tuesday 7:15-8:15pm or Saturday 9:15-10:15am
Residents: \$56/14 weeks Non-residents: \$70/14 weeks

PILATES – The focus of this class is on the core muscles in the hips, abdominals and back. You will gain muscle toning, stability and balance. All levels welcome. Instructors: Cindy / Sherry, group fitness room.
Monday 8:10-8:55pm or Tuesday 8:00-8:45am or Thursday 8:00-8:45am
Residents: \$42/14 weeks Non-residents: \$53/14 weeks

SIMPLY FIT - This class is a mix of muscle toning, balance exercises and flexibility training. All exercises will be slow and controlled. This class will assist those who need exercise for osteoporosis, range of motion loss, back pain and instability, to name a few. All levels welcome. Instructors: Lynne / Jane, group fitness room.
Tuesday 9:15-10:15am or Thursday 9:15-10:15am
1 day/week Resident: \$37/14 weeks 2 day/week Resident: \$74/14 weeks
Non-resident: \$42/14 weeks Non-resident: \$84/14 weeks

SPINNING – A bicycling class with an instructor that will talk you through peaks and valleys of a virtual bike ride. This is an interval type of workout in which you are challenged to break free of your comfort zone and to improve your fitness level. Beginners are welcome. Motivational music plays a large part of this workout. Only 6 bikes are available, Sign up right away! All levels welcome.
Instructors: Sherry / Terry / Diane, group fitness room.
Monday 8:00-8:45am or Wednesday 8:00-8:45am or Tuesday 6:15-7:00pm or
Thursday 6:15-7:00pm or Saturday 8:05-8:50am
Residents: \$42/14 weeks Non-residents: \$53/14 weeks

STEP – This is a high energy class that is choreographed to motivating music. A great workout for your legs on up! Beginners welcome. Instructor: Tamara, group fitness room
Thursday 7:15-8:00pm Residents: \$42/14 weeks Non-residents: \$53/14 weeks

YOGA 4 TOTS – Children 3-5 years of age learn to move their bodies with coordination and balance while using appropriate breathing for physical and mental awareness. This is a class they will benefit from for years. Instructor: Monica, group fitness room
Monday 1:15-2:00pm Residents: \$42/14 weeks Non-residents: \$53/14 weeks

YOGALATES – A class that will tone all your muscles while incorporating the stability ball and yoga poses for muscular balance and endurance. An ALL-OVER great class! All levels welcome. Instructor: Jane, group fitness room
Wednesdays 6:00-7:00pm Residents: \$56/14 weeks Non-residents: \$70/14 weeks

AEROBICS, TAE KWON DO & YOGA – Call 563-2247 for information on these classes (these are not TriHealth classes)

** please see your physician before taking group fitness classes or beginning any exercise programs.



Active Through Arthritis
Tuesday, September 26th
6:00-6:30pm

Take a ½ hour to learn how to bring exercise into your life as you are dealing with arthritis. What exercise is best? When is it OK/not OK to exercise? How can I exercise with this pain? Will the pain get worse? Attend for yourself or someone you know who lives with arthritis.

ADULT SERVICES' PROGRAMS:

Ain't That Grand presents:



National Grandparents Day
Sunday, September 10th
4:00 PM

Come at 3:00 PM to help your Grandchild create a special photo portfolio with Evendale Adult Stamping Group.

Founders Pavilion - Bring lawn chairs or blankets

- It helps to pre-register so we have plenty of supplies.

Program is designed for grandparents **BUT EVERYONE** is encouraged to join in the fun!

CARD MAKING ...

2ND AND 4TH TUESDAYS

Session begins again September 12th
Adult Gathering Room

Join this small group of card makers under the guidance of Karen Martens.

There is no fee for this class as an Adult Service Member. However, you are required to create an extra card to be sent overseas and used by our Armed Forces.

CHAPTER ONE BOOK CLUB



Meets the 4th Tuesday each month

Adult Gathering Room
7:00 PM

[August 22...Prodigal Summer](#)

Barbara Kinsolver
Leader: JoAnne Shapiro

MEXICAN TRAIN DOMINOES

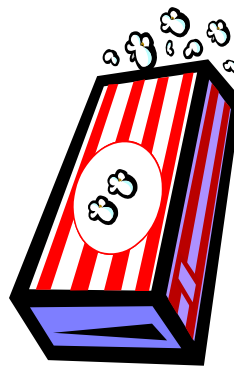
3RD Monday Adult Gathering Room

6:30 – 9:00 PM

August 21

September 18

No fee for Adult Service Members



FRIDAY FLICKS

Watch a recently released to DVD movie on our large screen television in the Adult Gathering Room.

Friday, September 15

Failure to Launch

Friday, Sept. 29

Glory Road

Showtime: 2:00 PM



Mah -Jongg

Mah-jongg is a game of skill coupled with wit and luck. The game originated from China during the Ming Dynasty and ... **it's made its way to Evendale!**

Currently, we have 4-10 players meeting **every Monday at 1:00 PM** for an opportunity to fine tune their Mah-jongg skills and enjoy the fellowship.



Knitting with Lori Ciesko is moving to 9:30 AM Wednesdays for Summer.



Enjoy watching the game with friends?

All televised Reds Games will be available on the large screen TV located in the

Adult Gathering Room.

