



EVENDALE MAYOR'S NEWSLETTER

AUGUST, 2005

FROM THE MAYOR:

August is here and the beginning of the school year is coming up quickly. Please be aware of our youngsters getting on & off the school bus. Please slow down and remember not to pass a stopped school bus with flashing lights. Let's make it as safe for our children as we possibly can.

The Planning Commission approved the Evendale Commons Design Review at their July 30th meeting. They also recommended approval to Village Council of the Final Subdivision Plat for the project. Council will take action at their August 11th meeting. This brings to conclusion a several month process to review the Wal Mart Super Center and general site improvements. Planning Commission members put in many hours in review of the project and should be commended on their diligence and commitment in getting the project to be a tremendous asset to the community. Thank you Planning Commission members.

When renewing your automobile license, please remember to name Evendale as your place of residence. The Village receives license plate registration fees for each Evendale registration. If you do not clarify the Village of Evendale the money incorrectly goes to the City of Cincinnati.

The Adult Services of the Recreation Department is planning a New Years Eve Celebration. If you would like to serve on a Planning Committee that is being formed please contact Patty Grist at 563-2247.

For a better and better Evendale,
Your Mayor,
Don Apking

COUNCIL BUSINESS: ADOPTED ORDINANCES

The following ordinances were adopted by the Council of the Village of Evendale at its regularly scheduled meeting on July 14, 2005.

- Ord 05-27 ORDINANCE APPROVING THE 2006 TAX BUDGET OF THE VILLAGE OF EVENDALE AND DECLARING AN EMERGENCY
- Ord 05-28 APPROVING TRANSFERRING FUNDS BETWEEN ACCOUNTS AND DECLARING AN EMERGENCY
- Ord 05-29 ORDINANCE AUTHORIZING THE MAYOR TO HIRE A PART-TIME EMPLOYEE IN THE RECREATION DEPARTMENT AND SETTING THE PAY RATE AND DECLARING AN EMERGENCY
- Ord 05-30 ORDINANCE AUTHORIZING MAYOR TO ENTER INTO CONTRACT WITH THE LOWEST AND BEST BIDDER FOR THE 2005 STREET IMPROVEMENT PROJECT, TRANSFERRING FUNDS AND MAKING ADDITIONAL APPROPRIATIONS FOR THAT PURPOSE, AND DECLARING AN EMERGENCY

The full text of the above enumerated ordinances are open to public inspection at the Office of the Village Clerk during regular business hours.

FROM THE FIRE DEPARTMENT:

During Hot Weather

To protect your health when temperatures are extremely high, remember to keep cool and use common sense. The following tips are important:

Drink Plenty of Fluids

During hot weather you will need to increase your fluid intake, regardless of your activity level. Don't wait until you're thirsty to drink. During heavy exercise in a hot environment, drink two to four glasses (16-32 ounces) of cool fluids each hour.

Warning: If your doctor generally limits the amount of fluid you drink or has you on water pills, ask how much you should drink while the weather is hot.

Don't drink liquids that contain caffeine, alcohol, or large amounts of sugar—these actually cause you to lose more body fluid. Also avoid very cold drinks, because they can cause stomach cramps.

Replace Salt and Minerals

Heavy sweating removes salt and minerals from the body. These are necessary for your body and must be replaced. If you must exercise, drink two to four glasses of cool, non-alcoholic fluids each hour. A sports beverage can replace the salt and minerals you lose in sweat. However, if you are on a low-salt diet, talk with your doctor before drinking a sports beverage or taking salt tablets.

Wear Appropriate Clothing and Sunscreen

Wear as little clothing as possible when you are at home. Choose lightweight, light-colored, loose-fitting clothing. Sunburn affects your body's ability to cool itself and causes a loss of body fluids. It also causes pain and damages the skin. If you must go outdoors, protect yourself from the sun by wearing a wide-brimmed hat (also keeps you cooler) along with sunglasses, and by putting on sunscreen of SPF 15 or higher (the most effective products say "broad spectrum" or "UVA/UVB protection" on their labels) 30 minutes prior to going out. Continue to reapply it according to the package directions.

Schedule Outdoor Activities Carefully

If you must be outdoors, try to limit your outdoor activity to morning and evening hours. Try to rest often in shady areas so that your body's thermostat will have a chance to recover.

Pace Yourself

If you are not accustomed to working or exercising in a hot environment, start slowly and pick up the pace gradually. If exertion in the heat makes your heart pound and leaves you gasping for breath, STOP all activity. Get into a cool area or at least into the shade, and rest, especially if you become lightheaded, confused, weak, or faint.

Stay Cool Indoors

Stay indoors and, if at all possible, stay in an air-conditioned place. If your home does not have air conditioning, go to the shopping mall or public library—even a few hours spent in air conditioning can help your body stay cooler when you go back into the heat. Call your local health department to see if there are any heat-relief shelters in your area. Electric fans may provide comfort, but when the temperature is in the high 90s, fans will not prevent heat-related illness. Taking a cool shower or bath or moving to an air-conditioned place is a much better way to cool off. Use your stove and oven less to maintain a cooler temperature in your home.

Use a Buddy System

When working in the heat, monitor the condition of your co-workers and have someone do the same for you. Heat-induced illness can cause a person to become confused or lose consciousness. If you are 65 years of age or older, have a friend or relative call to check on you twice a day during a heat wave. If you know someone in this age group, check on them at least twice a day.

Monitor Those at High Risk

Although any one at any time can suffer from heat-related illness, some people are at greater risk than others.

Infants and children up to four years of age are sensitive to the effects of high temperatures and rely on others to regulate their environments and provide adequate liquids.

People 65 years of age or older may not compensate for heat stress efficiently and are less likely to sense and respond to change in temperature.

People who are overweight may be prone to heat sickness because of their tendency to retain more body heat.

People who overexert during work or exercise may become dehydrated and susceptible to heat sickness.

People who are physically ill, especially with heart disease or high blood pressure, or who take certain medications, such as for depression, insomnia, or poor circulation, may be affected by extreme heat.

Visit adults at risk at least twice a day and closely watch them for signs of heat exhaustion or heat stroke. Infants and young children, of course, need much more frequent watching.

Adjust to the Environment

Be aware that any sudden change in temperature, such as an early summer heat wave, will be stressful to your body. You will have a greater tolerance for heat if you limit your physical activity until you become accustomed to the heat. If you travel to a hotter climate, allow several days to become acclimated before attempting any vigorous exercise, and work up to it gradually.

Use Common Sense

Remember to keep cool and use common sense:

- Avoid hot foods and heavy meals—they add heat to your body.
- Drink plenty of fluids and replace salts and minerals in your body.
- Dress infants and children in cool, loose clothing and shade their heads and faces with hats or an umbrella.
- Limit sun exposure during mid-day hours and in places of potential severe exposure such as beaches.
- Do not leave infants, children, or pets in a parked car.
- Provide plenty of fresh water for your pets, and leave the water in a shady area.

FROM THE POLICE DEPARTMENT:

INTRODUCING OFFICER STEPHEN ROACH...

Officer Stephen D. Roach has been employed by the Evendale Police Department since January, 2002. Prior to coming to Evendale, Steve worked as a Police Officer for the City of Cincinnati, serving 4 years in District 1. Steve attended Talawanda High School in Oxford, Ohio. He went on to graduate from the University of Dayton with a Bachelor of Science Degree in Criminal Justice.

Steve is presently a member of the Evendale Police Department's accident team and is a Certified Auto Accident Reconstructionist. He is also a member of the Police Color Guard.

Steve has been married to Beth, a Blue Ash Police Officer, since September, 2004. When not at work, Steve enjoys boating, golf, NASCAR, and travel.

FROM THE RECREATION CENTER:



Family Camp Out – *New!* Friday, August 12

7:00 P.M. Friday night until 9:00 A.M. Saturday morning.

“The Community Campout is an opportunity for your family to camp right here on the Village grounds with your friends and neighbors!”

Set-up camp near the Shelter House on Friday night between 6:00 – 7:00 P.M.

Tents only...or sleep under the stars!

Restrooms open in the Shelter House throughout the night.

Late night snacks provided, along with games, music, fire pit, children's activities and a night hike.

Donuts & juice provided in the morning before breaking camp at 9:00 A.M.

Bring your own tent, sleeping bags, chairs, flashlights, bug repellent & coolers.

\$2 per person after July 22.

****Children must attend with a Parent or Adult; Supervision the responsibility of Parent or Adult.***

Call Nancy Hagner for more information, 563-2247.



DOG DAY AT THE POOL

The Evendale Family Aquatic Center has “gone to the dogs!” Here's an opportunity for your pooch to swim in the pool, float on a doggie raft, jump in after Frisbees™ and balls or their favorite toy. Don't forget to bring their favorite toy or ball. Dogs will follow their owner's rules and must be accompanied by their owners (family) at all times. Dog and owner must register at the Recreation Center to participate.

People will not be allowed in the pool unless a dog is in distress (in advance, thank you for your cooperation.)

Entrance will be through the concession area gate. Dogs prohibited from participating are Rottweilers, Pit Bulls, or any aggressive, non-socialized dog. (No cats.)

Date: Sunday, Sep 11 Time: 6:30 – 8:00 pm Location: Swimming Pool Fee: **FREE**

Age: Owner must be 16 years or older unless accompanied by an adult Min/Max: 30/75

CHILDREN'S PROGRAMS:

OVERTIME

Can't Get Enough of Fun in the Sun????!!

"Overtime" for FunShines!

Ages 7 - 12, including 7th graders

Tues, August 2 **Survivor Party**

Wear sunscreen, as well. *Bring a packed lunch.* Ages 7-12

Times: 11:15 - 4:00 P.M. - Recreation Center

Cost: \$5.00

Thurs, August 4 **Coney Island Trip**

Bring a packed lunch, bathing suit, pool towel, sunscreen and gym shoes. Spending money may be needed for concessions. Packed lunches will be eaten around 3:00 P.M., so participants are encouraged to eat something before the trip starts. Ages 7-12

Meet at the Rec: 11:15 A.M. Return to Rec Center: 6:45 P.M.

Cost: \$12.00 Max: 100

Tues, August 9 **A Year in a Day**

Wear gym shoes and sunscreen for an action packed day. *Lunch is provided.* Ages 7-12

Times: 11:15 - 4:00 P.M. - Recreation Center

Cost: \$10.00

Thurs, August 11 **Great American Ballpark Tour & Reds Museum**

Bring a packed lunch for a picnic outside the stadium. Wear gym shoes & sunscreen. Ages 7-12

Meet at Rec: 11:15 A.M. Return to Rec Center: 4:00 P.M.

Cost: \$10.00 Max: 100



Evendale Recreation Center

Girls Only

Grades 1st – 6th (2004-05 school year)

Monday thru Friday 9:00 a.m. – 2:00 p.m.

August 15 - 19

\$100 Evendale Resident

Fee includes a t-shirt, certificate, group picture and a drink.

Please bring a packed lunch every day.

Non-Resident sign ups began July 14th for \$105

For more information call Pat Nymberg at 769-0240.



FALL SESSION

Young Rembrandts Pre-School Drawing Classes, Ages 3 ½ - 6

Pre-schoolers are so eager to learn, and a joy to teach. Young Rembrandts instructors provide a positive, nurturing environment for your child. Each week we'll draw something these little ones are interested in, from fish, to teddy bears, rainbows to cowboys, and we'll talk about the subject matter as we learn to draw it together. We'll concentrate on the skills of drawing and coloring, but also work on developing fine motor skills, focus, listening, staying on task, spatial organization and patience. Classes are 45 minutes, all materials are provided - happy, smiling faces guaranteed.

(Min 6, Max 10)

Thursdays 5:45 - 6:30 P.M.

September 15 – October 20

\$58



Young Rembrandts Cartoon Drawing Classes, Ages 6 - 12

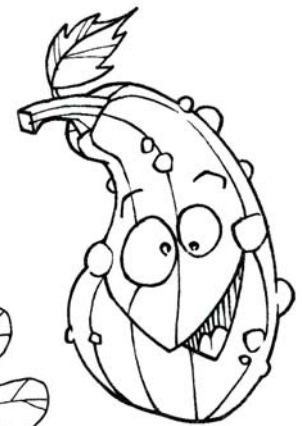
Let's get ready to draw amazing things together! Young Rembrandts' innovative, step-by-step drawing method can teach any child how to draw – regardless of artistic ability, giving them skills to express their creativity that will last a lifetime. We provide all materials and brand new subject matter every week, ranging from animals, landscapes, still lifes, even art history. Our philosophy is to give children a very positive, nurturing environment, as we teach fundamental drawing techniques. 60 minute classes, and you will see increased ability, self-confidence and self-esteem.

(Min 6, Max 20)

Thursdays 4:30 - 5:30 P.M

September 15 – October 20

\$58



Fall Children's Programs

September 12 – November 18

Fall Break, October 24 – 28 . . . *no classes!*

“Kit ‘n Kaboodle”

18 months - 36 months, Accompanied by an Adult. (Max 12, Min 6)

Mondays 9:30 - 10:30 am

Monday mornings will be filled with a whole Kit ‘n Kaboodle worth of fun! We'll play games, sing songs, listen to stories and make lots of new friends. We'll even get our fingers busy with a new craft each week. **childcare available for siblings.*

\$10 by September 5

\$15 after September 5

“Ready - Set - Go!”

18 months - 36 months, Accompanied by an Adult. (Max 12, Min 6)

Wednesdays 9:30 - 10:30 am

Coordination, large motor skills and movement skills will be developed through climbing, running, jumping and rolling on our indoor equipment. Parent/Adult participation is required.

**childcare available for siblings.*

\$10 by September 5

\$15 after September 5

“Glitter, Glue & Games” – New!

3 – 4 year olds. (Max 12, Min 6)

Mondays 9:45 – 10:45 am

A variation of Krafty Kids, this class will promote creativity and self-expression combined with fun time in the gym or outdoors. The focus will be on listening and following directions, as well as fine motor skills such as cutting, tracing and gluing. Children must be potty trained.

\$10 by September 5

\$15 after September 5

“Wiggle, Giggle & Shake”

3 - 5 year olds. (Max 12, Min 6)

Fridays 9:30 - 10:30 am

Put a little Wiggle, Giggle & Shake into your Friday mornings! Our class offers preschoolers the chance to socialize, exercise and have fun through movement inspired activities. Large motor skills and coordination will be developed with the use of indoor play equipment, parachute, scooters and balls. Music, stories and crafts will be included in our hour of wiggling, giggling and shaking. Children must be potty trained. Gym shoes required.

\$10 by September 5

\$15 after September 5

“Let Loose with Dr. Seuss” – New!

3 – 5 year olds. (Max 12, Min 6)

Thursdays 9:30 – 10:30 am

A Cat in the Hat – Imagine that! Horton Hears A Who – How about you? Green Eggs and Ham – I don’t think so, Sam I am. This new program will explore the wonderful world of Dr. Seuss through crafts, games, cooking, songs and imaginary play. We may even learn to read and count with those red and blue and one and two fish. So come let loose and have fun with us, and of course, Dr. Seuss!

Children must be potty trained.

\$10 by September 5

\$15 after September 5

“GameTime” – New!

4 – 6 year olds. (Max 12, Min 6)

Tuesdays 1:15 – 2:15 pm

Come down and join your friends for an afternoon of fun. We'll play group, card, memory and board games! We'll enjoy free play and even make a few of our own games to take home and share with our families.

\$10 by September 5

\$15 after September 5

“Shake - Rattle - Roll”

5 - 6 year olds. (Max 12, Min 6)

Fridays 1:15 - 2:15 pm

Running, jumping, open gym, group games, musical movement and parachute activities. This class has something for everyone. Come and enjoy your Friday afternoons with us!

Gym shoes required.

\$10 by September 5

\$15 after September 5

“That Thursday Thing”

Bumper Bowling **Ages 4 - 6** **September 22** **\$5/person**

Meet at Crossgate Lanes in Blue Ash from 1:15 - 2:15 pm.

Fee includes shoe rental and a soft drink!



SEW FUN

Ages 8 - 12 (Min 4, Max 6)

Mondays 4:30 - 5:30 pm September 19/26 & October 3/10/17

Cost: **\$30 by September 12**

\$40 after September 12

This class is designed to introduce students to the sewing machine, teach basic mending, hemming and ironing skills. Students will also visit the Evendale JoAnn's Store to learn more about materials, sewing notions and patterns. In addition, this class will include a sewing project that will be completed during last class on October 17th. If you have any questions about the class, please contact Linda Owens at 563-2247 ext. 615.

September 19 Sewing Machine Basics

September 26 Mending (Bring in a garment to mend)

October 3 Ironing and Hemming (Bring in a garment to iron)

October 10 Meet at JoAnn's in Evendale to purchase
Material for project (Bring \$15.00)

October 17 Sewing project (class may run longer than 1 hour)

2005 American Red Cross Certified Babysitters

Stop down at the Recreation Center to pick up the new list of certified Evendale babysitters!

2ND Class Added!

Evendale Residents who are 11 years of age or older,
can register at the FRONT DESK for this August class.

AUGUST 15 - 19 2:00 - 4:00 PM

*Participants **MUST** attend all **FIVE** classes.*

2005 Fun in the Sun participants can enroll for free.

All others can register for \$15.

Sign-up Deadline, August 10.

(Min. 6, Max 12)

PHI LAMBDA PI NEWS:

NEW MEMBER POOL PARTY FRIDAY, AUGUST 19 8:00 - 10:00 PM

Open to all Evendale Residents in the 8th - 12th grades.

No registration required.

Pizza, pop & games!

Phi Lambda Pi . . . Service, Friendship & Play

Phi meets *every* Wednesday night at the Recreation Center for Open House from 7:00 - 9:00 PM. If you cannot attend the New Member Pool Party, stop down *any* Wednesday night following the Pool Party to get involved in Phi.

Some of the things Phi does . . . Paintball Trips, Haunted Trail,
Holiday Party & Overnight, Ski Trip, Volunteering at the Rec Center, Canoeing & more!
Call or e-mail Kim for more info . . . Kim.Pielage@evendaleohio.org

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Phi Lambda Pi

***Texas Hold Em' & Euchre
Tournament***

**Sunday, August 7
5:00 PM**

**Phi Members & Their Parents
\$3 per person**

Sign-up by August 4; Checks payable to PHI LAMBDA PI.

Includes Subway sandwiches, pop & prizes!

CONCERT SEASON WRAPS UP WITH:

August 6, 2005	The Marlins	(Variety, Dance, Americana)
August 13, 2005	Mainstream	(Hits from 60's, 70's & 80's)
August 20, 2005	West Chester Symphony	(Classical, Showtunes, Pops)
August 27, 2005	Western Round- Up "Barnyard Bonanza" "Six Pac"	(Country Western & Barnyard) (children's) (country western)





ADULT SERVICES' PROGRAMS:

Evendale residents age 18 (out of high school) and older can become a member of ADULT SERVICES for a yearly fee of \$5.00. With a membership, a resident may sponsor up to four (4) non-resident friends at an annual fee of \$10.00. Activities are "people driven" reflecting the expressed interests of the membership.

MEET & GREET

Monday, August 1 6:00 PM

Focus:
Hamilton County Health District
And Social Security
Administration

"South Of The Border"
Chicken Fajitas & Beef Tacos
Or
Taco Salad
Chips and Salsa
Cinnamon Crisps
Lemonade
Iced Tea

Note:
Those registering after July 25 are
welcome to join us for a \$5.00 fee.

ROMEO

(Retired Old Men Eating Out)
Wednesday, August 10
Leave Center: 9:30 AM
Warren County Museum
and
Golden Lamb Inn

Register by August 3
By calling: 563-2247

September 14
Cincinnati Museum Center

RED HAT SOCIETY

The "Evedolls" Luncheon
August 11
BAHAMA BREEZE
Hostess' Barb Lothian
& Ann Melampy

Red Hat Tea
Thursday, August 25
1:00 PM

Luncheon
September 8
BRAVO CUCINO
Hostess'
Diana Huff & Karen Martin

CHAPTER ONE BOOK CLUB

Discussion Night ... 4th Tuesday
August 23 7:00-8:00 PM
Adult Gathering Room

Book List
August Uncle Tom's Cabin
Harriet Beecher Stowe
September Tis
Frank McCourt
October In The Name Of Salome
Julia Alvarez
November My Name is Asher
Lev
Chaim Potok
December The Red Tent
Anita Diamant

BACYARD & BEYOND GARDEN CLUB

A Tour of the Jungle
Tuesday, August 9
Van departs Center: 11:00 AM

\$5.00 Adult Service Members
\$8.00 Non-Member

Includes:
Transportation, Tour of Jungle
Jims, Meal In A Minute Demo
and Lunch

Must have 6 people by August 6

September 12th Zoo Gardens

CREATIVE CRAFTS

Thursdays
9:30-11:00 AM
Adult Gathering Room
August 4, 11 & 18

Weekly craft workshop open
to all **Adult Service Members**

Current sessions:
Scrapbooking Christa Cobbs
Knitting Lori Ciesko
Stamping Karen Martens

*If you have a craft skill
you could share, please contact
Patty @ 563-2247
Patty.grist@evendaleohio.org

YOUTH SPORTS:

Mini-Hawk Multi-Sport

August 8-12 1:00-4:00PM \$97

AGES: 4-7 Recreation Center

Mini-Hawk introduces young children to Baseball, Basketball and Soccer in a day-program setting. No pressure, just lots of fun for young athletes in three sports through unique Skyhawks games. Our Mini-Hawk coaching staff is committed to helping children start off on the right foot in sports. Participants-to-coach ratio is approximately 8:1.

Mini-Hawk Multi-Sport participants must bring:

- T-shirt and shorts
- A Snack & Water Bottle (for programs four hours or less)
- Shoes (running shoes are fine)

Mini-Hawk Multi-Sport participants will receive:

- Sport ball, T-shirt and a Merit Award



Youth Basketball 7-17 yr olds

MARK YOUR CALENDARS!

Sign ups begin Thursday, September 1 at 9:00 AM

ADULT SPORTS:

Hey Adult Co-Eds!!!

Interested in forming a MatBall and/or Dodgeball league???

Please email Kristen Maiden if interested. Looking to find out what day or the week or season you'd like to see this offered.



Couples Outing

Sunday, August 14th, 2005 Blue Ash Golf Course

First tee time is at 12:00 noon.

Maximum of 36 players - please sign up as a foursome. All players must pay when they sign up for their tee time.

Cost is \$75/person - fee includes 18 holes of golf, golf range, cart, dinner, drinks and prizes! If there are spots available, non-residents may sign-up for \$85.00/person.



Men's Golf Outing

Tuesday, September 13, 2005

Sharon Woods Golf Course

First tee time is at 11:00 a.m.

Maximum of 80 players - please sign up as a foursome. All players must pay when they sign up for their tee time.

Cost is \$60/person - fee includes 18 holes of golf, golf range, cart, dinner, drinks and prizes! If there are spots available after August 23rd, non-residents may sign-up for \$80.00/person.

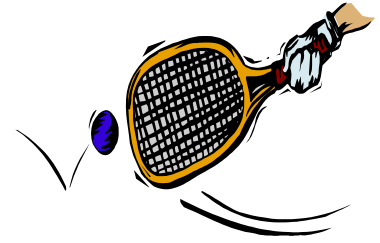
Fall Racquetball League will begin the week of September 18th.

Sign-up by August 10th.

We offer leagues for A, B, and C levels...

Beginners, try level C!

\$5.00 entry fee



Ladies Team Tennis will continue their program on the following days/times--

Monday and Wednesday: 5:30-7p

Thursday: 10:30-noon

30 minute warm-up and drills---one hour match play-

\$6.00 per day-residents (pay at the courts)

FITNESS:

YOGA

EVENING YOGA Current session: July 11 – August 29 6:30-8:00pm

Mondays in the Group Exercise Room

Residents: \$56 Non-Residents: \$72 Walk-In Fee: Res.: \$10 Non-Res.: \$12

MORNING YOGA Current session: July 20 – September 7 9:30-11:00am

Wednesdays in the Group Exercise Room

Residents: \$56 Non-Residents: \$72 Walk-In Fee: Res.: \$10 Non-Res.: \$12

AEROBICS

Summer session runs until September 2nd

Session runs: Set. 7 - Oct. 28 A new session starts every eight weeks 9:30 a.m. - 11:00 a.m.

Top Shape on Mondays & Wednesdays in the South Gym, Step on Fridays in the Group Exercise Room

3 days a week= \$72 Resident \$74 Non-Res.

2 days a week= \$64 Resident \$66 Non-Res.

1 day a week = \$40 Resident \$42 Non-Res.

\$6.00 walk-in fee

TAE KWON DO

Sessions run monthly. Tuesdays & Thursdays 6:00 p.m. - 7:00 p.m.

\$25 per person. If more than one family member signs up, only \$20 each.