TAE KWON DO

If you haven't given this class a try...now's the time! 1st class is FREE!



Tues., Thurs. 6:15-7:30pm
1 person \$25/month
2 or more in the family \$20 ea./month.

Mike Wissel – Instructor, has been here for over 15 years. Kids and adults all love him...so if you have been wanting to learn Tae Kwon Do and self-defense skills, TRY IT OUT FREE!

From Ron, a student of Mike Wissel's for over 12 years:

"I have been involved Tae Kwon Do for many years. Tae Kwon Do has taught me a great many things including both focus and concentration. It has helped me both physically and philosophically. Tae Kwon Do has helped me become physically more flexible and also given me the ability to look at life's situations in different ways. After being a part of this for so many years. I still feel this is a very important part of my life. Tae Kwon Do is so rich in history and offers many, many things to learn. I think anyone thinking about participating (young or old) should definitely do so. It will truly be very rewarding."