



VILLAGE OF EVENDALE

MARCH, 2018

Dear Neighbors and Friends:

In March, Duke will be requesting another hearing with the Ohio Power Siting Board (OPSB). They are hopeful that the hearing will occur in April or May, with a decision by this fall.

The position of the Village is the same today as it was last fall. At the last public hearing, we testified that Duke had not shown a need for the pipeline, and proposed that Duke could instead overhaul their propane station at a lower cost. If OPSB finds that a new pipeline is necessary, we suggested that the best location of the new pipeline would be in the I-71 right-of-way. Other pipelines have been permitted along I-71 and I-74. In fact, we were told that in a deposition taken of the company hired by Duke to look at pipeline routes, I-71 was the recommended route.

If the OPSB refuse these two options, I have testified that the pipeline should be placed in Glendale-Milford Road. This would prevent damage to the front yards of the homes on the north side of the road, as well as the destruction of old-growth trees. Some of those trees are estimated to be up to 300 years old.

So, we will see what will happen.

Sincerely,

Your Mayor

GETTING TO KNOW YOUR NEIGHBORS



Godfrey and Geneva Miller moved to Evendale in the spring of 1969. They raised one daughter, Kara, who attended schools in the Princeton School District. Kara passed away at the age of eighteen.

Geneva Miller was born in Roanoke, VA on July 17, 1934. She graduated from Hampton University with a degree in nursing and served 7 years of active duty in the US Air Force.

Godfrey was born August 4, 1926 in Bloomington, IL. As a result of Godfrey's strong desire to fly an aircraft, while living in Bloomington, IL he joined the Army Air Corps and attended aviation training at Tuskegee Army Airfield. While in the Army Air Corps, he flew single engine airplanes. He graduated as a 2nd Lieutenant in Class 45-H-SE on November 20, 1945. He has the proud distinction of Documented Original Tuskegee Airman (DOTA).

Godfrey spent 24 years in the military retiring from the Reserves as a Lieutenant Colonel. Part of his service overseas was spent in Japan and the Philippine Islands where he flew a C-54 four engine airplane and jets.

After his military career, Godfrey moved to Evendale because he got a position as an instructor in the Airplane Engine Group at General Electric (GE) at the Evendale Plant in Evendale, OH and worked there for 17 years.

Godfrey and Geneva married in December of 1966 in Tokyo, Japan and will be celebrating their 52 year anniversary. They enjoy out-of-town relatives and recalling great memories as they peruse their many photo albums.

One of Godfrey's favorite quotes: "My dad taught us how to spell the word, WORK!"



SERVICE DEPARTMENT

The Service Department is now accepting applications for seasonal workers. Applications can be found online on the Village web site or picked up at the Service or Administration Departments. All applicants must be at least 18 years of age. If you have questions, please call Paula at 513-563-4338.



ADMINISTRATION DEPARTMENT

Keep Evendale green by recycling home electronics, household wastes and shredding of personal paper documents.

Saturday, April 28th 9:00 am—12: pm
Municipal Grounds

A map of the municipal grounds showing the three drop off locations are on the website, our Facebook page and at the Recreation Center. This event is for residents only; proof of residency may be required.



FIRE DEPARTMENT

Now is the time to invest in your fire sprinkler system or retrofit your building with lifesaving and property conserving protection.

Tragic fires and significant property loss continue to plague our country. From President Harry Truman's report on fire prevention in 1947 to President Nixon's U.S. National Commission on Fire Prevention and Control which produced *America Burning*, progress has been made in America. The American Fire Service has fought for years to establish incentives for business and property owners to be able to do the right thing. The Tax Cuts and Jobs Act provide these incentives. This legislation coupled with the latest model building and fire codes from the International Code Council (ICC) and the National Fire Protection Association (NFPA), will lead to a safer America.

In 2015 fire claimed the lives of 3,280 civilians and led to 15,700 civilian injuries. The direct property damage caused by fire was an estimated \$14.3 billion. One of the most effective ways to minimize the loss of life and property to fire is with automatic sprinklers. Current building codes require sprinklers in many of the most vulnerable occupancies, such as commercial and residential high-rise.

Unfortunately, there are still thousands of structures that were built and put in service before sprinklers were required. Providing an economic incentive to property owners to do the right thing and retrofit properties with automatic fire sprinklers has the potential to have a significant impact on addressing the nation's fire problem.

The Tax Cuts and Jobs Act contain several critically important provisions which will provide significant

incentives for property owners to install fire sprinklers. These include:

- Small businesses will now be able to fully expense installation of fire sprinklers under section 179 of the tax code up to a cap of \$1 million in each year of expense. This will allow for the retrofit and upgrading of numerous occupancies such as nightclubs. In addition, small businesses that may need to borrow money to pay for the retrofit will be able to fully deduct the interest expense on the loan.
- Larger entities can fully expense capital expenses over the next five years. Starting in 2023 the amount that can be expensed will slowly taper down. This part of the provision means that fire chiefs and local policy officials can now ensure business owners have five years for full expensing, which we believe will provide the opportunity for many high-rise and other high-risk occupancy buildings to improve their fire safety features.

Examples:

Nightclub Retrofit 7,500 sq. ft. assembly occupancy
Cost to install fire sprinklers = \$6.00/sq. ft.
Total \$45,000

Bowling Alley 20,000 square-foot assembly occupancy
Cost to install fire sprinklers = \$4.50/sq. ft.
Total \$90,000

Assuming these are owned by a small business, under Section 179 they could fully expense the cost. The 179 change is a permanent law and is not subject to the phase out. In the current law systems, they are depreciating over a 39-year period. We encourage business and industry owners to contact their tax professionals and refer them to the changes in Section 179 of the recently passed tax reform legislation (P.L. 115-97).

Source of information – National Fire Sprinkler Association, www.nfsa.org.



GORMAN HERITAGE FARM

The mission of Gorman Heritage Farm is to educate about agriculture, nutrition, sustainability, and the environment.

Evendale Residents get free daily admission to Gorman Heritage Farm. Be sure to check in at the Interpretive Center, and then have fun exploring the trails, checking out the gardens and visiting the friendly farm animals. We have lots of interesting volunteer opportunities if you want to get more involved.

Email: clong@gormanfarm.org.

Summer Kids Camp Registration is open and camps are filling up fast! Get your kids outside, learning, and having fun this summer! Register your 4-15 year old today. www.gormanfarm.org/summer-day-camp/



We are again transplanting wildflowers to the **Trosset Wildflower Sanctuary** at Gorman Heritage Farm from the former Stanley and Ruth Trosset Residence. Their generous gift to the Farm is allowing us to continue their legacy. Many thanks to our amazing volunteers and former Director Sandra Murphy for her leadership on this project. More volunteers are needed to help transplant, weed and care for this beautiful space. Learn more at www.gormanfarm.org/product/wildflowers/.

The Wildflower Sanctuary is a place where a tree, shrub, wildflower, fern, or a bench can be purchased as a loving tribute for a wedding, anniversary, birthday, retirement, birth of a child/grandchild, in honor of or in memory of, or any other occasion.

Weekly Events

Wednesdays	6:00pm – 7:30pm	Quilting Group
Thursdays	9:00am – 12:00pm	Volunteer Opportunities.
Thursday's	12:00pm – 1:00pm	Volunteer/Staff potluck lunch.
Fridays	3:00pm – 4:00pm	Free horse drawn wagon rides
		**weather permitting

Follow us on Facebook, Twitter and on our website www.gormanfarm.org.
You can also email tricia@gormanfarm.org to sign up for our monthly newsletter!

We are happy to welcome another **AmeriCorps NCCC** group to the Farm in March and April. AmeriCorps NCCC's Mission is to strengthen communities and develop leaders through team-based national and community service. Gorman Heritage Farm is blessed to have an amazing group of young adults completing needed projects on the Farm such as storm water management, trail restoration, pasture renovation, working in our permaculture orchard, market garden, pond restoration and Trosset Wildflower Sanctuary.



The monarch migration is truly one of the world's greatest natural wonders, yet it is threatened by habitat loss in North America. Because 90% of all milkweed/monarch habitats occur within the agricultural landscape, farm practices have the potential to strongly influence monarch populations. As such, we are creating **Monarch Waystations** around the Farm by removing invasive species such as honeysuckle and planting prairie grass, milkweed and other pollinator friendly plants. We are doing our part to make sure that Monarchs are around for many future generations. Learn more at www.monarchwatch.org/waystations/. Email clong@gormanfarm.org to volunteer to help with this important project.

Bat Night at the Farm. Join us April 14th at 7pm to celebrate all things batty for National Bat Appreciation Day! April is the perfect time to learn about our native bats as they start to wake up and come out of hibernation. Bats provide important benefits to humans and are particularly helpful to farmers because they control many agricultural pests. Register at www.eventbrite.com/e/bat-night-at-gorman-heritage-farm-2018-tickets-42714575445

ADOPTED ORDINANCES & RESOLUTIONS

The following ordinances were adopted by Council at their Regular Council Meeting on February 13, 2018. The complete ordinance and support information are available at the Administration Office. If you would like to view this information or if you have any questions, please contact our Village Clerk, Barb Rohs, at 563.2244.

Ord. #18-08 – Ordinance **appointing Catherine Bennett to the Planning Commission** for the term ending December 31, 2021 and declaring an emergency. Unanimously Approved

Ord. #18-10 – Ordinance approving a **transfer from the Contingency Fund to the Administration Department Cultural Arts** account and declaring an emergency. Unanimously Approved

Ord. #18-11 – Ordinance approving a **transfer from the Contingency Fund to the Fire Department Capital Improvements** account and declaring an emergency. Unanimously Approved

Ord. #18-12 – Ordinance **amending Sections 1468.06 and 1468, the Evendale Property Maintenance Code**, contained in the codified ordinance of the Village of Evendale, and establishing a date for existing rental properties compliance with the rental permit requirement of Section 1468.06(A) and declaring an emergency. Unanimously Approved

Ord. #18-13 – Ordinance **approving an additional appropriation from the Alcohol Law Enforcement Trust Fund** to pay the Citizens' Reward Program a total of \$200.00. Unanimously Approved

Ord. #18-14 – Ordinance **authorizing the Mayor to execute a contract for sale of approximately 1.4 acres of Village of Evendale property** located at 3040 Inwood Drive and 10260 Reading Road, which contract shall conform to the provisions outlined in the letter of intent attached hereto and incorporated by reference herein and declaring an emergency. Unanimously Approved

Ord. #18-16 – Ordinance **amending Chapter 1263, Wireless Communications Towers and Systems**, of the Evendale Zoning Code and declaring an emergency. Unanimously Approved

An emergency clause is frequently added to an ordinance in order to allow the ordinance or resolution to go into effect immediately upon adoption. Under Evendale's Charter the emergency provision must be separately voted on and approved by no less than 5 members of Council. It must include a reason for why it is necessary .



The Evendale Chamber is now accepting applications for their annual scholarship program. Every year the chamber awards up to four \$1,000.00 scholarships to deserving graduating seniors. These scholarships are given in memory of Christopher Dyer. Applications can be downloaded from the chamber's web site, www.evendalechamber.com. The winners will be selected based on the following requirements:


- Completion of the application;
- A 2.75 or above grade point average;
- Have been accepted to either a two or four year college degree program;
- A 250-word essay stating the applicant's career interest and their goals;
- Three Recommendation Forms mailed directly from the individuals completing them.

All forms must be received no later than April 4, 2018.

Their address is: Evendale Chamber of Commerce Scholarship Committee, P.O. Box 62839, Evendale, Ohio 45262. Please contact the Chamber at (513) 383-7034 or email EvendaleChamberScholarship@gmail.com with your questions or for more information.

MARCH 2018

Council Cultural Arts Fire Gorman Farm	Police Recreation Service Civic Events
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Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 Diana Marra Art Exhibit Opening Night Reception	3 Kids Fit Day in the Fitness Ctr Diana Marra Art
4 Diana Marra Art Exhibit Mommy & Me Spring	5 Meet and Greet	6 Council Sub- Committee Meeting	7 Watercolor Wednesday	8	9 Portrait Workshop	10 Euchre Tournament Portrait Workshop
11 Daylight Saving Time Begins Portrait Workshop	12	13 Council Meeting	14 Taste of Asia Art Class	15 Recreation Commission Meeting	16 Family Bingo Fine Art Exhibit Deadline	17  Happy St. Patrick's Day!
18	19	20 CIC Meeting EPC Meeting Spring Begins	21	22	23 Egg-Stravaganza Spring Festival	24
25	26	27	28	29	30 Good Friday	31

The Evendale Cultural Arts Center will open a unique exhibit, **A Taste of Asia: Ancient Asian Brushwork with a Contemporary Flair** featuring award winning artist Diana Marra on March 2, on view until March 4. Diana loves the elegance and simplicity of the Chinese brushstroke. Each stroke can represent a leaf, a wing, an emotion - so much can be said with so little. A simple elegant piece transitions into all cultures and fits every décor. Be transported to another land during this beautiful exhibit.

In celebration, you are invited to attend the Opening Reception on Friday, March 2 from 6:00-8:00 pm. Enjoy refreshments and live music. The exhibit continues through the weekend on March 3 & 4 from 12 - 4 pm daily.

Exhibit Hours

Friday, March 2, 6:00-8:00 pm
Saturday, March 3 12:00-4:00 pm
Sunday, March 4 12:00- 4:00 pm

Art & Wine Tasting

Saturday, March 3, 5:00 pm

Ages 21 & Over

\$10 per person

Limited spaces!

RSVP: 563-1350 or

susan.gordy@evendaleohio.org

MAX: 20

Upper Studio

Enjoy a wonderful evening sampling a variety of perfectly paired wines with sumptuous appetizers surrounded by beautiful art by Diana Marra

Mommy & Me Spring Paint Party!

March 4, 11:00 am

All ages!

\$25 base cost, rates vary depending on child's age/project and number of children

Pre-registration required at thetipsypicasso@gmail.com

Calling all mommas and your Tiny Picassos! Join us for a super fun painting party and let your littles (big or small) create their very own spring themed painting! We will paint on canvas, all ages are welcome, paint projects will be different for different age groups.

Watercolor Wednesday! Spring Flowers!

Wednesday, March 7, 6:30 pm

Ages 16 & Over*

\$20 per person

MAX: 20

Email registration to:

designbydiana@aol.com

Join artist Diana Marra the 1st Wednesday of each month for "one-bite-at-a-time" watercolor classes that give you warm-up exercises and step-by-step instructions for a finished painting, all in the same night. *Ages 16-18 must be accompanied by an adult.



A Taste of Asia

Wednesday, March 14, 6:30 pm

Ages 16 & Over*

\$20 per person

MAX: 20

Lower Studio

Email registration to:

designbydiana@aol.com

Learn one of the Four Gentlemen of Chinese Brush Painting - the Orchid. We will paint it 3 ways: Sumi-e style (black ink on white rice paper), ink and watercolor on a notecard, and metallic paints on black paper for drama. All materials included for use in class, plus written and visual instructions to keep for further practice.



Portrait Workshop with Carin Hebenstreit

March 9-11,

9:30 am - 4:00pm

each day

\$300 / 3 days

Upper Studio

Questions & registration

513-681-8995 or email

chebenstreit@fuse.net

You will learn Carin's technique, influenced by the Renaissance masters and honed through years of study abroad.



2018 Evendale Fine Art Exhibit Call to Artists Final Deadline is March 16!

The Evendale Cultural Arts Center is accepting applications for the Evendale Fine Art Exhibit, to be held at the Evendale Recreation Center MAY 4-7, 2018. Visit

EvendaleArts.org for complete entry guidelines. No application fees for

Evendale residents if you apply by

March 9, 2018. Contact Susan

Gordy for more information.

563-1350 or

susan.gordy@evendaleohio.org

Playhouse in the Park's "Rapunzel"

Sunday, April 15

Evendale Recreation Center**

2:00 pm—Performance starts

Admission: FREE, Appropriate for ages 4+

Young Rapunzel lives in a tower with her overprotective grandmother, safe from the dangers of the world. As her curiosity about the outside grows, Rapunzel meets Rafi, a local boy whose friendship finally gives her the courage to be free.



NOW HIRING

Summer Camp Leaders – Seasonal

The Village of Evendale Recreation Department is seeking qualified individuals to help administer summer camp program, Fun in the Sun. Candidates must be energetic, creative and enjoy working with children ages 3 – 13. Must be 15 years of age by June 1st and able to lift 50 lbs. Needed June – July.

Applications available at the Evendale Recreation Department, 10500 Reading Rd., Cincinnati, OH 45241 or www.evendaleohio.org.

Deadline to submit all applications is March 12.
Starting Salary \$8.48 EOE

Pool Concession Stand Assistant Managers – Seasonal

The Village of Evendale Recreation Department is seeking qualified individuals to work in the pool concession stand. Responsibilities include taking orders, preparing food, supervising Phi Lambda Pi volunteers, cleaning, and maintaining inventory. Excellent customer service skills required. Should be at least 18 years old and able to lift 75 lbs. Needed May – August/September. Applications available at the Evendale Recreation Department, 10500 Reading Rd., Cincinnati, OH 45241 or www.evendaleohio.org.

Deadline to submit application is March 12. Starting Salary \$8.48 EOE

SPECIAL EVENTS



EGG-STRAVAGANZA

March 23

7:00 – 8:30 PM

\$ 2 per Evendale child by March 18

\$ 4 per Resident's Grandchild by March 18

\$10 per Evendale child after March 18

\$15 per Resident's Grandchild after March 18

3rd Grade & Younger, 7:00 PM Egg Hunt;

Meet outside by the patio.

Indoor festival afterwards in the gym. *Meet the Bunny, dye an egg, decorate a cookie & more!*

Bring a bag or basket for the egg hunt.

4th – 7th Graders,

Meet in the Flex Room at 7:00 PM
for an Egg Hunt and then

Bingo. Bring a bag or basket
for the egg hunt.



ADULT PROGRAMS

EUCHRE TOURNAMENT

Saturday, March 10 (Max 28)

7:00 PM

Fee \$ 3.00

Sign-up by March 5

Up for some cards? Find a babysitter, bring your spouse, a friend or come alone. Tonight we will play a progressive format, aka The Round Robin format, whereby after every round partnerships will change. Lite snacks & drinks provided.

INTERMEDIATE BRIDGE

Wednesdays (four weeks)

March 7, 14, 21, 28

6:30 – 7:00 PM Bidding Basics

7:00 – 9:15 PM General Topics

Amy Fisher, Silver Life Master and an instructor at the Bridge Center Association will be teaching this class.

Evendale Residents \$44.00

Guest of Resident Fee \$48.00

MONDAY NIGHT CARDS & GAMES

March 5, 12, 19, 26

April 2, 9, 16, 23, 30

6:00 – 9:00 PM (come as early as 5:00 PM to socialize and find tables!)

No fee. No sign-ups.

Bring a snack, appetizer or dessert to share and join us any Monday night in the Evendale Room. Come alone, or bring others and play whatever game you like. We normally have two tables of Hand & Foot, and one table of Mexican Train Dominos.

MEET AND GREET

Monday, March 5

5:30 PM

Evendale Residents \$3.00

Guest of Resident Fee \$5.00

(one guest to one resident ratio)

Please register by March 2

A Taste of Class Catering will provide the dinner this evening - Beef Tips in Burgundy Sauce, Buttered Noodles, Green Bean Almandine, Whole Baby Carrots, Mixed Toss Green Salad, Rolls and Assorted Pies with Whipped Topping.

MEET AND GREET

Monday, April 9

5:15 PM – Please note earlier time

Evendale Residents \$3.00

Guest of Resident Fee \$5.00

(one guest to one resident ratio)

Please register by April 5

It's Reds Season! Enjoy all things ballpark – pizza, hotdogs, chips, fruit, pasta salad and dessert. Our special program this evening, “Crosley Field Remembered”, presented by the Cincinnati Museum Center, will run from 6:00 – 7:00 PM.

CARD MAKING

Contact: Karen Martens, 554-1634

Enjoy an abundance of creative supplies needed to make cards! The group meets the second and fourth Tuesday of each month at 1:00 at the Recreation Center. *Come test out your creative side!*

CHAPTER ONE BOOK CLUB

Contact: Kay Bostrom, 733-0559

Join other book enthusiast in Evendale's monthly book club which meets the fourth Tuesday of the month at 7:00 PM in the Evendale Room. *Everyone is welcome.* Come for a cup of coffee or tea and see what the group is reading this month!

ROMEOS (a.k.a Retired Old Men Eating Out!)

Contact: Larry Gilland, 563-2318

This group meets the 2nd Wednesday each month at 11:00 AM to socialize at the Recreation Center and then heads out to enjoy lunch together at a designated restaurant around 11:30 AM. If you enjoy eating out amongst friends at local establishments, *this group is for YOU!*

JULIET's (a.k.a. Just Us Ladies in Eateries Tasting Samples!)

Contact: Donna Dick, 923-2027

The group meets the 2nd Wednesday each month at a designated restaurant. Join these ladies for lunch on your own; *enjoyable conversation awaits you!*

RED HAT SOCIETY

Contact: Marge Gassert, 563-2658

This group meets the 2nd Thursday each month at a designated restaurant.

“A playgroup for women created to connect like-minded women, make new friends and enrich lives through the power of fun and friendship.”

EVENDALE MOM'S CLUB

Contact: Nicole Morand, 218-5827 or Diana Busam, 368-1440

A group to connect with Evendale Moms and post questions, comments and social events. Call Nicole or Diana to be added to their Facebook page or get more information.

Evendale Mom's Club Pop-Up Market

Thursday, March 7th

7:00 - 9:00 PM

Evendale Room

Join us for a night of shopping at our Pop-Up Market! Vendors from Arbonne, Beachbody, Initials-inc, Lipsense, Rockitwear, Rodan + Fields, Younique and more will be joining us for a night of fun and shopping. Stop by to check out a product you have been wanting to try or to find something new. Feel free to bring a friend or group of friends and make it a girls night out. There is absolutely no obligation to buy. Snacks will be provided, but please bring your own drinks! Childcare will be available for this event. Please be sure to sign up for child care on the sheet posted on the door of the childcare room.

Evendale Mom's Coffee & Conversation

Friday, March

10:00 AM - 12:00 PM

Evendale Room

Join us as we celebrate the arrival of spring with a much needed mom break. Light snacks and coffee will be available. We look forward to seeing many Moms at this morning social! Please RSVP at the front desk (at no charge) so they can accommodate childcare needs, but walk-ins are always welcome!

PROGRAMS FOR THOSE AGE 18 AND YOUNGER

Spring Children's Programs

Monday April 9 – Friday May 25

\$10 per class by March 28

\$15 per class after March 28

**MAX OF TWO CLASSES PER CHILD –
CLASSES FILL UP QUICKLY!!!**

***Please adhere to age guidelines when signing up.
Children should remain in the same age class for the
entire "school year."***

MOSTLY MOTHER GOOSE

Mondays 9:45 – 10:45 am (Min 8, Max 15)

18 months – 36 months, accompanied by a caregiver.

No siblings in class, please. Child care available.

Join us each week as we discover Mother Goose nursery rhymes and more through songs, finger plays, simple art projects and other activities.

AROUND THE WORLD

Mondays 1:15 – 2:15 pm (Min 8, Max 15)

4 – 5 year olds. MUST BE POTTY TRAINED. Each week we will learn about a different country and their culture through songs, games, crafts or food. Get your passports ready for a trip around the world!

TOT TIME

Tuesdays 10:45 – 11:45 am (Min 10, Max 60)

All ages are welcome with an adult

Registration fee is PER FAMILY for the whole session

Come down and join us for family free play, table time and other various activities throughout the session.

READY – SET – GO! (choice of 2 times)

**Wednesdays 9:30 – 10:30 am or 10:45 – 11:45 am
(Min 8, Max 15 each time slot)**

18 months – 36 months, accompanied by a caregiver.

No siblings in class, please. Child care available.

This class features large muscle activities such as tumbling, parachute, hula hoops and scooters, as well as simple songs and finger plays.

WIGGLE, GIGGLE & SHAKE (choice of 2 times)

**Fridays 9:30 – 10:30 am or 11am-12pm
(Min 8, Max 15 each time slot)**

3 – 5 year olds. MUST BE POTTY TRAINED.

Come each week to "shake your sillies out!" We'll start with a brief time of free play, and then we'll wiggle, giggle, shake, dance, move and sing as we learn to share and cooperate in a fun setting. GYM SHOES REQUIRED.

PHI LAMBDA PI

Evendale Residents in 8th – 12th grades are eligible to join Phi Lambda Pi for Open House! Any interested resident can join anytime. The group meets every Wednesday night from 7:00- 9:00 P.M. at the Recreation Center for Open Houses. Trips, service projects and fundraisers are held throughout the year. Email adam.knight@evendaleohio.org for more information.



Thank you to the following four girls
for volunteering to work at the
Daddy Daughter Dance: Scarlett Pommering,
Julia Ramsey, Ryan Carmody, and Bailey Ramsey



WAYS TO GET IN SHAPE IN 2018

Intro. To Racquetball -- NEW!!

Racquetball Lessons now offered!

\$20 Individual \$15/ 2 to 4 participants

Lessons scheduled between instructor and interested individual. Instructor: AJ Bennett blast412@icloud.com or text/call 513-889-7106

1 hour sessions – no equipment needed.

Private Racquetball Lessons

\$25/lesson or 5 lessons for \$100

Racquetball Leagues Now Forming

3 sessions/12 weeks each year will be offered.

Levels: Advanced or Intermediate/Beginner

1st Session: weeks of February 5 – April 23

2nd Session: weeks of May 14 – July 30

3rd Session: weeks of September 17 – December 3

\$30/players

Fee includes: schedule, standings, winner t-shirts and one free lesson to 1st and 2nd place in each division.

Fitness Classes:

Barre –This class uses a series of ballet moves done repetitively while incorporating light weights. The core is targeted with Pilates moves and Yoga is utilized in the stretching portion.

Cardio & Strength - This 90 minute long cross training class uses a mix of interval training with weights combined with fun cardio that incorporate elements of endurance training, calisthenics and strength training to help develop overall body fitness. Work out format and structure change from class to class to meet goals and offer participants a taste of the variety available in the world of group exercise. Come join the fun and watch your body change!

Core Form & Function

This 30 minute workout is designed for beginners, new exercisers, and those who may be rehabbing an injury. (Shoulder/knee/back) This class will help you build stability, mobility and functional strength for everyday or for more intense types of exercise.

DanceBlast - Our dance fitness classes are fast paced, challenging and fun! We incorporate a variety of dance styles, including jazz, hip hop, latin, ballroom, disco, Bollywood, and plenty more danced to popular music that you probably already know and love. Our classes appeal to former dancers as well as to those who just want to dance but lack any formal training. Every week we add one new song / routine and discard one old one, so that there is enough new material to keep it interesting but there is enough repetition for you to be able to really master some of the routines and have the opportunity to really add your own flavor to it. It takes about 2-3 classes for most people to be able to master most of the steps.

Hardcore Shred- Intense core and muscle sculpting class that incorporates functional body weight, dumbbells and balance exercises.

KickBOOTY Camp - Bootcamp fusion of kickboxing, boxing, strength training and cardio for a high intensity calorie blasting workout.

Muscle Combo class - Strengthen and tone all of your muscles with compound exercises while periodically increasing your heart rate with bursts of cardio work.

Pilates - Build muscle tone, stability & balance by focusing on core muscles in the hips, abs & back.

Pound - is a unique and energetic workout that utilizes weighted drumsticks in a choreographed routine set to popular rock and pop music. POUND works your whole body, and can be modified for different fitness levels or age groups.

Power Yoga -This vinyasa style of yoga is appropriate for all fitness levels and includes sun salutations, breath work, balance and deep stretching for a complete body-mind practice.

Yoga - A mix of movements designed to improve flexibility, strengthen, re-energize and relax the body and mind. *(If possible, please bring your own yoga mat-small mats available for use at the center)*

ZUMBA® is a fusion of Latin and International music/dance themes that create a dynamic, exciting, and based on the principle that a workout should be "FUN AND EASY TO DO." The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body.

SPIN CLASSES: *Limited bikes=1st come, 1st serve.*

Spin - An adventurous cycling excursion with inspirational music. Break free of your comfort zone & improve your fitness level!

Cycle-Core - An awesome combination of cardio on the bike & core strength conditioning- not just abs, but the entire total core muscles from thighs to shoulders! Begin with 45 minutes of spinning, followed by 15 minutes of core training

Ladies Pre-Season Session

For the ladies team members who can't wait until May!

April 2 – April 26



Option 1 Tues & Thur: 10 a.m. – 11:30 a.m.

Option 2 Mon & Wed: 5:30 – 7:00 p.m.

Pre-registered by March 23 - \$40

Starting March 24 - \$50

Group Fitness Class Schedule March 1 – March 31

Monday	Tuesday	Wed.	Thursday	Friday	Saturday
Cardio & Strength 9:30-11:00a Lisa		Cardio & Strength 9:30-11:00a Lisa			Spin 8:30-9:15a Amy
	Barre 10:00 – 11:00a Amy	Yoga 9:30-10:30a Sheri	Barre 10:00 – 11:00a Amy	Yoga 9:15-10:15a Sandy	Muscle Combo 9:30-10:30a Amy
Core Form & Function 6:00 – 6:30p Ericka		Core Form & Function 6:00 – 6:30p Ericka	Power Yoga 6:00-7:00p Ericka		
Hardcore Shred 6:30-7:30p Ericka		POUND 7:00 – 7:45 p Stephanie	Cycle Core 7:15 – 8:15p Ericka		
Yoga 6:30-8:00p Roger	TaeKwon Do 6:15-7:30p Mike	KickBOOTY Camp 6:30-7:30p Ericka	TaeKwon Do 6:15-7:30p Mike	Participants that enroll in 2 of Ericka's classes get 50% off 2nd class. Unlimited Ericka Classes - \$75/month	
Pilates 8:05-8:55p Sindy	DanceBlast 7:30-8:30p Lisa S.	Zumba 7:45-8:45p Lucy		***Ericka will NOT be holding class March 19-22 Classes priced accordingly.	

		Make the monthly COMMITMENT:	Or, need the CONVENIENCE:
Cardio & Strength	Lisa M.	\$9.00/class - pay monthly	\$10.00 walk-in
Evening Yoga	Roger	\$7.00/class res., \$9/class NR -pay monthly	\$10.00 walk-in
Tae Kwon Do	Mike	1 person \$25.00/person/monthly	2 or more in the family \$20.00 ea.
Muscle Combo	Amy	\$32.00/month Min. 5	\$8.00 walk-in
Spin	Amy	\$32.00/month Min. 5	\$8.00 walk-in
Barre	Amy	\$26.00 Tues. or \$32.00 Thurs Min. 5	\$8.00 walk-in
Yoga	Sandy	\$35.00/month	\$10.00 walk-in
Yoga	Sheri	\$28.00/month	\$8.00 walk-in
Pilates	Sindy	\$28.00/month	\$8.00 walk-in
Zumba	Lucy	\$26.00/month	\$8.00 walk-in
POUND	Stephanie	\$32.00/month Min. 2	\$10.00 walk-in
DanceBlast	Lisa S.	sign-up at www.danceblastinfo.com	
HardCore ShredFunction***	Ericka	\$30.00/month	\$10.00 walk-in
KickBOOTY Camp***	Ericka	\$30.00/month	\$10.00 walk-in
Power Yoga***	Ericka	\$40.00/month	\$10.00 walk-in
Core Form & Function***	Ericka	\$30.00/month includes M & W	\$5.00 walk-in
Cycle Core (Spin Core) ***	Ericka	\$40.00/month	\$10.00 walk-in



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IMPORTANT PHONE NUMBERS

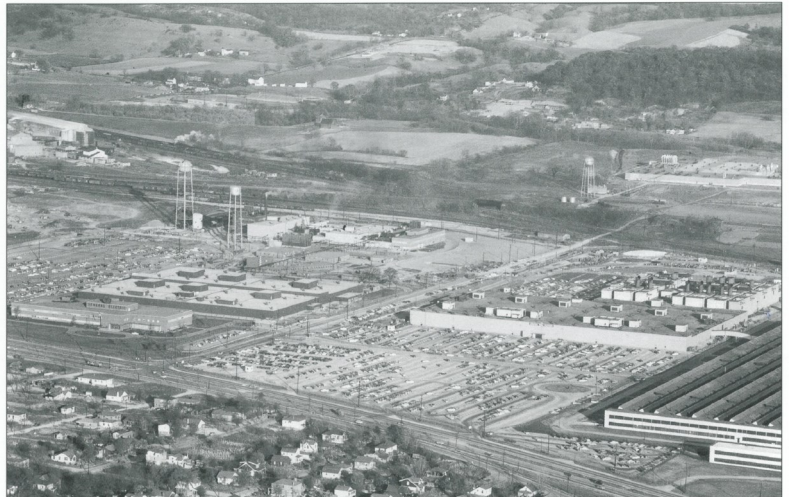
Administration Office	563-2244
Director of Administration	956-2666
Building Department	956-2665
Tax Department	563-2671
Village Clerk	563-2244
Cultural Arts Center	563-1350
Fire Department	563-2248
Gorman Heritage Farm	563-6663
Police Department	563-2249
Recreation Department	563-2247
Pool	563-2246
Weather Hotline	956-2667
Service Department	563-4338
Republic (Trash Service)	771-4200
Chamber of Commerce	383-7034

Website: www.EvendaleOhio.org

 Village of Evendale, Ohio -
Recreation, Administration and Cultural Arts.

 Evendale Emergency Services -
Police, Fire and the Service Department.

Did you know...



Evendale became incorporated in May, 1951 and became a Village on June 5, 1951. At that time there were 357 residents and approximately 75 homes, most located along Glendale-Milford Road. It wasn't until the mid-50's, when the Village installed new sewer lines, that our residential areas saw any substantial growth.