Dear Neighbors and Friends:

I thought I would give you a rundown on our meeting last month with the Lt. Governor, Jon Husted. You may recall we invited him to visit our AeroHub development on the west side of I-75 off of Glendale-Milford Road. Meeting attendees included; Village officials, a managing partner from JobsOhio, the head of REDI Cincinnati, and local business representatives. Evendale is asking JobsOhio for about $5.1 million dollars to complete AeroHub Boulevard north of Glendale-Milford Road and for a service road west of the development that will be used by large delivery trucks serving the businesses. The construction of this road is key to the AeroHub project and I believe it is key to the future of Evendale. JobsOhio provided a $500,000 grant for Phase I of the Boulevard which is mostly complete.

In addition, Techsolve asked for $20 million dollars for an Innovation Center to be built in partnership with Cincinnati State Workforce Development, Butler Tech and Princeton School District. The Innovation Center is designed to provide space for large, state-of-the-art machinery (i.e. 3D printers, robotics, etc.) available to local businesses. Equally important, the Center will serve as a much-needed upskilling/training facility for students and existing workforce to develop skills on modern machinery.

I believe Lt. Governor and the JobsOhio representative were extremely impressed. The Lt. Governor had many questions and we were able to answer them all.

Also, the Ohio General Assembly raised the amount of the Local Government Fund returned to Counties, Cities and Villages. The Village could have received a small increase (about $20,000 in 2020), but it was basically eliminated when the State had budget problems. We have finally convinced them to return some of the State surplus.

Finally, Jim and George, our resident mules at the Gorman Heritage Farm, have been put into retirement. Bad knees. But we are not to be concerned! Two new mules have been purchased and by the time this is published, the farm will become their home.

Happy Labor Day to all.

Sincerely,

Your Mayor

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SAVE THE DATE

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<tr>
<th>Event</th>
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<tr>
<td>GHF – Sunflower Festival</td>
<td>October 5th &amp; 6th</td>
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<td>Meet the Candidate Night</td>
<td>October 8th</td>
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<td>REC—Halloween Fest</td>
<td>October 19th</td>
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<td>Halloween Trick or Treat</td>
<td>October 31st</td>
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<td><strong>Town Meeting</strong></td>
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<td><strong>Elections</strong></td>
<td>November 5th</td>
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<td>REC - Holiday Light Up</td>
<td>December 8th</td>
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<td>REC - Visit with Santa</td>
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VILLAGE COMMITTEES NEED YOU

The Village depends on enthusiastic residents to serve on committees that support the Mayor and Council. Because of several resignations we have openings on the Board of Zoning Appeals (BZA) and the Recreation Commission.

The BZA is made up of five members. Their responsibilities include hearing appeals of decisions made by the Building Commissioner or the Planning Commission. You would be filling in for the balance of an unexpired term, which is until December 31, 2021. You would then be eligible for reappointment. Members serve for a term of five years. The BZA meets only when needed. We typically have 3 -5 meeting per year. You can contact Andrew Rodney if you have any questions. His contact information is 956-2665 or andrew.rodney@evendaleohio.org.

The Evendale Recreation Department is currently seeking a Resident to fill a vacancy on our Recreation Commission. This group meets six-eight times per year on the third Thursday of the month at 7:30 AM. The Recreation Commission helps to form policies, fees and the budget for the Recreation Department. This will be a two year-term. Please call or e-mail Kim Pielage, Recreation Director, for further information. 563-2247 or Kim.Pielage@evendaleohio.org

Interested applicants for either committee should submit a letter of interest to Mayor Richard Finan at the Administration Building.

SERVICE DEPARTMENT

The Evendale Service Department enacted a new procedure for the Residential Leaf Bag Program in 2017. If you have any questions, please contact the Service Department at 513-563-4338.

1. Leaf bags will only be issued on Saturdays from 9:00 am to 1:00 pm and Wednesdays from 1:00 pm to 7:00 pm. The dates will be:
   Saturdays, September 14, 21 & 28, October 5, 12, & 19
   Wednesdays, October 2 & 9
2. To ensure bags are available for all homeowners, during the month of September each household will be issued a maximum of 50 bags.
3. Any additional bags available, will be issued on the October dates, up to a maximum of 75 total bags per household while supplies last.
4. Each household will have to sign for the bags. Proof of residency may be required.
5. You may only pick up the bags for your household.
6. There is a limited amount of bags available and are issued on a first come basis.
Advance tickets are now available for the 22nd Annual SUNFLOWER FESTIVAL, October 5 & 6. www.eventbrite.com/e/sunflower-festival-2019-tickets-66906622509

Pastured Beef and Chicken are available in our Farm Shop freezer. You may also pre-order chickens through October. Thanksgiving turkey pre-orders are also being accepted. http://gormanfarm.org/products/meat-poultry

Upcoming Classes
Nuts About Nuts. September 5, 6:00PM.
The Art of Bonsai. September 19, 6:00PM.
Tickets available at http://gormanheritagefarm.eventbrite.com/ Find info about upcoming Classes & Events at gormanfarm.org and Facebook.com/gormanfarm

We bid a fond farewell to our beloved mule team, Jim and George, as they retire to greener pastures. A new team will soon be welcomed to the Farm.

Follow us on Facebook, Twitter and on our website www.gormanfarm.org. You can also email tricia@gormanfarm.org to sign up for our monthly newsletter.
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<td>Municipal Offices, Recreation Center, and Fitness Center CLOSED. LAST DAY of the pool season</td>
<td>Dog Day at the Pool Council Committee Meeting</td>
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<td>Nuts about Nuts</td>
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<td>Danny Frazier at the Pavilion</td>
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<td>Fall Children’s Programs Begin Free Yoga 1st Responders Appreciation Dinner</td>
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<td>DATE CHANGE Council Meeting</td>
<td>Evendale Mom’s Club Coffee &amp; Conversation Quilt Exhibit Movie in the Park</td>
<td>Monthly Wine Tasting Quilt Exhibit</td>
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<td>Free Yoga CIC Meeting EPC Meeting</td>
<td>Dog Behavior Seminar</td>
<td>The Art of Bonsai Recreation Commission</td>
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<td>2nd Wind Live at the Pavilion</td>
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The following ordinances were adopted by Council at their Regular Council Meeting on August 13, 2019. The complete ordinance and support information are available at the Administration Office. If you would like to view this information or if you have any questions, please contact our Village Clerk, Barb Rohs, at 563-2244.

Ord. #19-41 – Ordinance approving an appropriation of the Building Maintenance Department for grant funded landscape updates and declaring an emergency. Unanimously Approved

Ord. #19-45 – Ordinance authorizing the payment of amounts due upon certain contracts requiring certification of availability of funds and declaring an emergency. Unanimously Approved

Ord. #19-46 – Ordinance appointing Sarah Hilton as Recreation Program Supervisor for the Village of Evendale and declaring an emergency. Unanimously Approved

Ord. #19-47 – Ordinance authorizing the Mayor to execute a Participant Access Agreement (EMS) with the Ohio Health Information Partnership, Inc. and declaring an emergency. Unanimously Approved

Ord. #19-48 – Ordinance authorizing the Fire Chief to enter into an agreement with the Xavier University Athletic Training Program and declaring an emergency. Unanimously Approved

Ord. #19-49 – Ordinance approving a lot-split on the Gregory D. & Nicola A. McSwain property at 10311 Evendale Drive. Unanimously Approved

Ord. #19-50 – Ordinance adopting Section 258.127 of the Codified Ordinance of the Village of Evendale authorizing the Mayor to promulgate a Voluntary Leave Donation Policy and declaring an emergency. Unanimously Approved

Ord. #19-51 – Ordinance authorizing the Mayor to purchase from the State of Ohio Department of Transportation Procurement Program and the Sourcewell Cooperative Purchasing Program for a single axle dump truck and related equipment and declaring an emergency. Unanimously Approved

Ord. #19-52 – Ordinance approving an additional appropriation from the Capital Fund for AeroHub Phase Two Environmental Assessment and declaring an emergency. Unanimously Approved

Ord. #19-53 – Ordinance approving an appropriation to the Fire Department Capital Improvements Account and declaring an emergency. Unanimously Approved

Ord. #19-54 – Ordinance approving a transfer from the Contingency Fund to the Building Department and declaring an emergency. Unanimously Approved

An emergency clause is frequently added to an ordinance in order to allow the ordinance or resolution to go into effect immediately upon adoption. Under Evendale's Charter the emergency provision must be separately voted on and approved by no less than 5 members of Council. It must include a reason for why it is necessary.
Visit the Cultural Arts webpage for a complete listing of classes and activities!

Performing Arts

THE PLAYHOUSE COMES TO EVENDALE!
Join us for acting classes at the ECAC! Programs focus on individual and collective skill development in a fun and supportive environment. Register for classes at www.cincyplay.com/learn/classes/satellite-classes

WACKY, WACKY WEST (Pre-K)
Tuesdays, 3:45—4:15 pm
September 10—October 29
Min. 6, Max. 12
$95.00

TERRIFIC TRAVELS (grades K-2)
Wednesdays, 4:30—5:15 pm
September 10—October 29
Min. 6, Max. 12
$140.00

EPICALLY TALL TALES (GRADES 3-5)
Tuesdays, 4:30—5:25 pm
September 10—October 29
Min. 6, Max. 18
$155.00

EPICALLY TALL TALES (GRADES 6-8)
Wednesdays, 3:30—4:25 pm
September 10—October 29
Min. 6, Max. 18
$155.00

TIPPIE TOES DANCE CLASSES
BABY BALLET (AGES 2-3)
Wednesdays, 5:00 pm
Starts September 4
$55 monthly
( Evanale residents receive discount)
Register at tippitoesdance.com

Ballet, Tap & Jazz (ages 4-6)
Wednesdays, 6:00 pm
Starts September 4
$55 monthly
( Evanale residents receive discount)
Register at tippitoesdance.com

Visual Arts

WATERCOLOR WEDNESDAY
Wednesday, September 4
6:30—8:30 pm, $20
Instructor: Diana Marra
Email registration to designbydiana@aol.com

INTRODUCTION TO OIL PAINTING WITH COLD WAX
Mondays
3:30-5:30 pm or 6:30-8:30 pm
September 9—30, $125
Instructor: Barbara Davin
Email registration and questions to Davin.Barbara@gmail.com

BEGINNING WATERCOLOR CLASS
Thursdays
12:30—2:30 pm
September 26—November 14
$160 for 8 week session
Instructor: DJ Berard
Contact DJ Berard at djberard@gmail.com to register and for supply list.

BEGINNING ACRYLICS CLASS
Thursdays
3:00—5:00 pm
September 26—November 14
$160 for 8 week session
Instructor: DJ Berard
Contact DJ Berard at djberard@gmail.com to register and for supply list.

PROBLEMS IN PAINTING CLASS
Tuesdays
6:30-8:30 pm
September 24—November 12
$160 for 8 week session
Instructor: DJ Berard
Contact DJ Berard at djberard@gmail.com to register and for supply list.

OIL PAINTING CLASS
Tuesdays
9:30 am—2:30 pm
$13 each class
Email jhaslit@fuse.net for registration and information

PAINTING CLASS
Thursdays, 6:30 pm
$99 for 6 week session, start anytime
Instructor: Robert Hebenstreit
Email rhebenstreit@fuse.net to register

OPEN PAINTING STUDIO
Mondays & Fridays
10 am—2:30 pm
Free
Email susan.gordy@evendaleohio.org for info

STRETCHING TRADITION: NEW QUILTS AND FIBER ART EXHIBIT BY THE QUEEN CITY QUILTERS
Friday, September 13
Opening Reception from 5:30—8:30 pm
Saturday, September 14 & 15
Exhibit open from 12—4 pm
Returning for their 5th show, Queen City Quilters will again bring their talents to the Evendale Cultural Arts Center with a display of original works that stretch the boundaries and take quilting and needle traditions in new artistic directions. This year will introduce several new members who have added their skills and inspirations to the always exciting mix of traditional and contemporary quilts.

Fine Living

MONTHLY WINE TASTING
Ages 21 & Over
Saturday, September 14
5:00 pm, MAX: 24
RSVP deadline: September 7
Call 563-1350 or email susan.gordy@evendaleohio.org

ART-VENTURE!
FINDLAY MARKET FOOD TOUR
Friday, September 27
10:00 am - Meet at the Rec Center
10:30 am- Tour the Market
12:00 – 1:30 pm Lunch and Shopping at the Market on your own
Cost: $30.00 per person
Free Yoga at the Pavilion on Mondays at 5:30 PM
Now – September 16
*No Yoga Labor Day, September 2
Instructor: Alyssa Hayes, E-RYT; Registered yoga teacher through Yoga Alliance

Sept. 7  DANNY FRAZIER BAND –
Americana Rock & Roll 7:30 PM
Little bit of Blues. Little bit of Soul. Little bit of Country. We call it Americana ‘Rock ‘N’ Roll!

Sept. 21  2ND WIND LIVE –
Horn charged Soul/Dance Band 7:30 PM
The Ultimate Jazz & R&B experience. 2nd Wind Live closes out our Pavilion Series with a show sure to please including Motown classics, Top 40, old and new school R&B, pop, classic rock and smooth jazz. The Mobile Cone will join us for the last concert of the season. No need to drive to West Chester. Enjoy your favorite soft serve, shaved ice or cold treat at the Pavilion.

* Popcorn, snacks, soft drinks and candy to be sold throughout the summer with all proceeds benefiting Phi Lambda Pi, our thriving teen organization.

Hope you enjoyed the Summer Pavilion Series! If you have suggestions for the 2020 Summer Pavilion Series please contact Sarah Hilton via email, sarah.hilton@evendaleohio.org

**POOL HOURS**
Sunday, September 1  12:00 PM – 8:00pm
Labor Day, Monday, September 2  12:00 PM – 8:00pm
See Everyone in 2020!
Memberships go on sale in December.

**Movie in the Park**
Friday, September 13
Movie begins at Dusk
FREE! No Fee/No Registration
Bring chairs & blankets and enjoy a movie under the stars! Coolers & snacks are welcome. Popcorn will be available for purchase. Enjoy a FREE night out with family & friends!

**DOG BEHAVIOR SEMINAR “Oh Behave!”**
7:00 – 8:30 PM
Wednesday, September 18
FREE! Residents and Non-Residents may enroll.
Evendale Recreation is partnering with Certified Dog Trainer of So Much PETential Lisa Desatnik, CPDT-KA, CPBC, for a free presentation to help you bring out the best in your dog’s behavior. Lisa will talk about how to get your dog to want to listen to you and do behaviors you want to see more. She will cover basic information about how animals learn, motivation, and how to use positive reinforcement effectively.

Please leave your dog at home for this, as Lisa will use a demonstration dog.

While this is free, space is limited to 50 people and PRE-REGISTRATION is REQUIRED. To register, please call the Evendale Recreation Center at 513-563-2247 or register at the front desk.

A Spooktacular Night in Evendale!
**HALLOWEEN FEST**
Saturday, October 19
6:00 - 9:30 PM
$1 per person by 10/16  $2 per person after 10/16
This Family Event is for Evendale Residents of All Ages! (Children MUST be accompanied by an adult)
Residents may register their non-resident Grandchildren or Grandparents for this event!
An evening of fun, food and games for Evendale Residents!
Hot Dogs, S’mores, Apple Cider, Hot Chocolate, Caramel Apples, Apple-Cinnamon Donuts and Fresh Popcorn!
Take a hayride, dance to great music, enjoy face painting, balloon sculpting, games & crafts. Jump in our famous Jumpin’ Pumpkin, take a pony ride or just relax around a giant bonfire! So put on your Halloween Costume...we’re going to have a Spooktacular night!
FIRST RESPONDERS APPRECIATION DINNER
Monday, September 9
5:30 PM
Evendale Residents $3.00
Guest of Resident $5.00
(one guest to one resident ratio)
Please register by September 5
Our honored guests are the Evendale First Responders. City Barbeque caters the evening with ribs, chicken and pulled pork (Oh My!) as well as Mac & Cheese, Beans and Cornbread.

EVENDALE MOM’S COFFEE & CONVERSATION
Friday, September 13
9:30 AM - 11:30 AM - Evendale Room
All Moms are welcome! Light snacks, coffee and bottled water will be available. Need childcare: be sure to sign-up at the front desk or via the sheet posted on the childcare door. Our hope is to accommodate all childcare needs but we only can accept children to our capacity.

LADIES BUNCO NIGHT
Thursday, September 26, 6:45 pm arrival, 7:00 pm start time
Fee $1.00
Lite snacks and drinks provided
Please register by Monday, September 23 to ensure enough players.

FINDLAY MARKET FOOD TOUR
Friday, September 27
10:00 AM Meet at the Recreation Center
12:00 - 1:30 pm, Lunch and Shopping at your expense following the tour
Cost: $30.00, please register by Friday, September 20
Maximum: 10
Experience a culinary trip around the world during a 90-minute guided walking tour of Cincinnati’s historic Findlay Market. Learn the history of the Ohio’s oldest public market, taste samples and small bites at the featured merchants along the way.

TRIP TO AMISH COUNTRY
Friday, October 11
9:30 AM Meet at the Recreation Center
Return to Recreation Center by 4 – 5 pm, earlier time by group consensus
Cost: FREE! Lunch and shopping at your own expense.
Maximum: 10
Take a trip to The Wheat Ridge Olde Thyme Herb Fair & Harvest Festival in West Union and Adams County, Ohio, for the fall harvest festival that features herbs and herbal products. Enjoy about 150 crafters and artisans and plenty of classes, entertainment and fresh foods. Don’t forget to launch a pumpkin from the pumpkin cannon while you’re there. On the return trip, the bus will stop at Miller’s Bakery for some tasty treats. Space limited!

MONDAY NIGHT CARDS & GAMES
September 9, 16, 23, 30 *Closed 9/2 for Labor Day
October 7, 14, 21, 28
6:00 – 9:00 PM (come as early as 5:00 PM to socialize and find tables!)
No fee. No sign-ups.
Come alone, or bring others and play whatever game you like. We normally have three tables of Hand & Foot, and one table of Mexican Train Dominos. Bring a snack, appetizer or dessert to share and join us any Monday night.

CARD MAKING
Contact: Patti Lyon, 563-2247
Enjoy an abundance of creative supplies needed to make cards! The group meets the second and fourth Tuesday of each month at 1:00 pm at the Recreation Center. Come test out your creative side!

CHAPTER ONE BOOK CLUB
Contact: Georgia Bergan, 477-9547
Join other book enthusiast in Evendale’s monthly book club which meets the fourth Tuesday of the month at 7:00 PM in the Evendale Room. Everyone is welcome. Come for a cup of coffee or tea and see what the group is reading this month!
PROGRAMS FOR THOSE OVER AGE 18 (cont.)

**EVENDALE MOM’S CLUB**
Contact: Nicole Morand, 218-5827 or Diana Busam, 368-1440
A group to connect with Evendale Moms and post questions, comments and social events. Call Nicole or Diana to be added to their Facebook page or get more information.

**ROMEOS (a.k.a Retired Old Men Eating Out!)**
Contact: Larry Gilland, 563-2318
This group meets the 2nd Wednesday each month at 11:00 AM to socialize at the Recreation Center and then heads out to enjoy lunch together at a designated restaurant around 11:30 AM. If you enjoy eating out amongst friends at local establishments, this group is for YOU!

**JULIET’s (a.k.a. Just Us Ladies in Eateries Tasting Samples!)**
Contact: Donna Dick, 923-2027
The group meets the 3rd Wednesday, 12:30 pm, of each month at a designated restaurant. Join these ladies for lunch on your own; enjoyable conversation awaits you!

**RED HAT SOCIETY**
Contact: Marge Gassert, 563-2658
This group meets the 2nd Thursday each month at a designated restaurant. “A playgroup for women created to connect like-minded women, make new friends and enrich lives through the power of fun and friendship.

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PROGRAMS FOR THOSE UNDER AGE 18

**Children’s Programs**

**TRICK-OR-TREATING**
Thursday October 24
Free to Attend
Meet at the Recreation Center at 1:00 PM in costume. We will Trick or Treat at the Fire Department, Police Department, Administrative Offices and of course the Recreation Center! Please bring a treat bag. All ages welcome!

**Monday September 9th through Friday November 15th**

$10 per class by September 1
$15 per class after September 1
MAX OF TWO CLASSES PER CHILD
Please adhere to age guidelines when signing up. Children should remain in the same age class for the entire “school year.”

**MOSTLY MOTHER GOOSE**
Mondays 9:30 – 10:30 am (Min 8, Max 15)
18 months – 36 months, accompanied by a caregiver. No siblings in class, please. Child care available.
Join us each week as we discover Mother Goose nursery rhymes and more through songs, finger plays, simple art projects and other activities.

**KRAFTY KIDS**
Mondays 1:00 – 2:00 pm (Min 8, Max 15)
4 & 5 year olds. MUST BE POTTY TRAINED. Class will focus on crafts, but will have a fair share of songs, games and other activities as well.

**TOT TIME**
Tuesdays 9:30 – 10:30 am (Min 8, Max 15)
All ages are welcome with an adult
Come down and join us for family free play, table time and other various activities throughout the session.

**READY – SET – GO! (choice of two times)**
Wednesdays 9:30 – 10:30 am or 10:45-11:45 am (Min 8, Max 15 each time slot)
18 months – 36 months, accompanied by a caregiver. No siblings in class, please. Child care available.
This class features large muscle activities such as tumbling, parachute, hula hoops and scooters, as well as simple songs and finger plays.

**WIGGLE, GIGGLE & SHAKE (choice of two times)**
Fridays 9:30 – 10:30 am or 11am-Noon (Min 8, Max 15 each time slot)
3 – 5 year olds. MUST BE POTTY TRAINED.
Come each week to “shake your sillies out!” We’ll start with a brief time of free play, and then we’ll wiggle, giggle, shake, dance, move and sing as we learn to share and cooperate in a fun setting. GYM SHOES REQUIRED.
PHI LAMBDA PI
Evendale Residents in 8th – 12th grades are eligible to join Phi Lambda Pi for Open House! Any interested resident can join anytime. The group meets every Wednesday night from 7:00- 9:00 P.M. at the Recreation Center for Open Houses. Trips, service projects and fundraisers are held throughout the year. Email adam.knight@evendaleohio.org for more information.

BASKETBALL

MEN’S BASKETBALL LEAGUE
Is taking sign ups. Leagues plays on Sundays. Team entry form available on the website.

YOUTH BASKETBALL
2019/2020
Youth Basketball sign-ups are assigned by grade. Sign up begin Sept 1. Season Runs Dec. – Feb. Practices start in Nov. Fee: $10 resident by Sept. 30th Starting Oct. 1 – fee is $20 for residents if space allows. $30 non-resident fee – may start to enroll beginning Oct. 1 if space available. Teams will try to be limited to 10 players.

Interested in coaching? Our coaches must have NYSCA certification – link on our website. Fee is credited back to your recreation account. All coaches must be background checked.

Kind (co-ed)
1st Grade (co-ed)
2nd Grade 6th Grade
3rd Grade 7th Grade
4th Grade 8th Grade
5th Grade 9th/10th
11th/12th ***Must still be enrolled in HS

Evendale Recreation Department
Group Exercise Classes

Balance Class Wednesdays 3:30 – 4:30 p.m.
Instructor: Helene Everhart
Improve balance now, prevent injuries and falls later! This class focuses on exercises that emphasize coordination, stability, and balance. Chairs will be available for additional support.

Barre – Tuesdays & Thursdays 10:00 – 11:00 a.m.
Instructor: Monica Stamper
This class uses a series of ballet moves done repetitively while incorporating light weights. The core is targeted with Pilates moves and Yoga is utilized in the stretching portion.

Cardio Mondays 5:30 – 6:30 p.m. $10/Walk-in
Instructor: Michael Mees
Simple, heart-pumping aerobics moves combined with weights workout. This is an excellent functional training class for all skill and fitness levels. Come give it a try!

Cardio & Strength – Mondays & Wednesdays 9:30 – 11:00 a.m.
Instructor: Lisa Morelock
This 90 minute long cross training class uses a mix of interval training with weights combined with fun cardio that incorporate elements of endurance training, calisthenics and strength training to help develop overall body fitness. Work out format and structure change from class to class to meet goals and offer participants a taste of the variety available in the world of group exercise. Come join the fun and watch your body change!

Functional Movement – Tuesday 6:00-6:45 pm and Thursday 6:30-6:15 p.m. Instructor: Michael Mees
This class will prepare our bodies for everyday movements. We utilize fitness equipment to help challenge and improve our range of motion, while burning fat and sculpting our bodies.

HIIT - Wednesdays 5:00-5:45 a.m. $10/Walk-in
Instructor: Michael Mees
Looking to build lean muscle, shred calories, or a new cardiovascular workout then HIIT is for you. Forty five minutes of high intensity designed to get your heart rate up and calories burning off. Every week HIIT will challenge you in new ways with incorporating many different training protocols such as: tabata, plyometrics, cardio, and strength all together to give you a total workout.

Mindful Yoga: Wednesdays 7:15-8:15 p.m. $10/Walk-in
Instructor: Cynthia Caracci
It would be stress reducing slow yoga flow for beginners to intermediate.

Pump & Pedal: Wednesday 6:00-7:00 p.m. $10/Walk-in
Instructor: Helene Everhart
Torch calories and sculpt lean muscle with 30 min high rep, low weight strength training followed by 30 min high intensity cycling intervals.

Strictly Muscle Saturdays 9:30-10:30 a.m. Instructor: Amy Ash
Workout your entire body by using dumbbells in a high repetition class that uses different formats to fully fatigue every muscle!
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<td>Cardio &amp; Strength</td>
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<td>Strictly Muscle</td>
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<td>5:00-5:45a Michael</td>
<td>8:30-9:30 a Sheri</td>
<td>9:30-11:00a Lisa</td>
<td>5:00-5:45a Michael</td>
<td>9:15-10:30a Sandy</td>
<td>8:30-9:15a</td>
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<td>Alyssa subbing in Sept.</td>
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<td>Michael subbing 10/5</td>
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<td>and 10/12 Cardio</td>
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<td>Yoga</td>
<td>Strictly Muscle</td>
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<td>9:45 – 10:45a Amy</td>
<td>9:45-10:45 Amy</td>
<td>9:15-10:30a Sandy</td>
<td>9:30-10:30a</td>
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<td>(classes 9/17, 9/24, 10/1, 10/8 TBD - check back for updates.)</td>
<td>Amy 10:15 – 11:15 Monica 9/12-10/10</td>
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<td>Combo</td>
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<td>Cardio &amp; Strength 9:30-11:00a Lisa</td>
<td>Yoga Core 4:30-5:30p Sandy</td>
<td>Balance Class 3:30-4:30p Helene</td>
<td>Yoga Core 7:15-8:15 Mike</td>
<td>Yoga Core 6:15-7:30p Mike</td>
<td>Yoga Core Tuesday 4:30-5:30 p.m. $10 Walk-in Instructor: Sandy Nardini</td>
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<td>5:30-6:30 p Michael</td>
<td>4:30-5:30p Sandy</td>
<td>3:30-4:30 p Helene</td>
<td>7:15-8:15 Cynthia</td>
<td>6:15-7:30p Mike</td>
<td>$10 Walk-in</td>
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<tr>
<td>Functional Movement 6:00-6:45 p Michael</td>
<td>Pump &amp; Pedal 6:00-7:00p Helene</td>
<td>Functional Movement 5:30-6:15 p Michael</td>
<td>Yoga Core 9:15-10:30a Sandy</td>
<td>Yoga Core Tuesday 4:30-5:30 p.m. $10 Walk-in Instructor: Sandy Nardini</td>
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<td>Yoga 6:30-7:45p Sandy</td>
<td>Tae Kwon Do 6:15-7:30p Mike</td>
<td>Mindful Yoga 7:15-8:15 Cynthia</td>
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**Spin** – Tuesday 6:00 -6:45 p.m.
Must have 5 PRE-Registered for this class to move forward

**Saturdays 8:30 – 9:15 a.m. Instructor: Helene Everhart**
An adventurous cycling excursion with inspirational music. Break free of your comfort zone & improve your fitness level!

**SPIN CLASSES:** Limited bikes=1st come, 1st serve.

**Tae Kwon Do** Tuesday and Thursday 6:15-7:30 p.m.
Instructor: Mike Wissel
IMPORTANT PHONE NUMBERS

Administration Office 563-2244
   Director of Administration 956-2666
   Building Department 956-2665
   Tax Department 563-2671
   Village Clerk 563-2244
Cultural Arts Center 563-1350
Fire Department 563-2248
Gorman Heritage Farm 563-6663
Police Department 563-2249
Recreation Department 563-2247
   Pool 563-2246
   Weather Hotline 956-2667
Service Department 563-4338

Rumpke Trash Service 1-800-828-8171
Chamber of Commerce 383-7034

Website: www.EvendaleOhio.org

DID YOU KNOW...

That on June 22nd, 31 adventurous individuals, including Mayor Finan and Councilperson Beth McDaniel, took a canoe trip along the Mill Creek. Members of the Mill Creek Alliance’s Yacht Club acted as guides. The tour started at the Twin Creek Preserve in Sharonville and ended in Evendale Commons. The participants learned about recent stream/environmental improvement projects and recreational trail opportunities. Following the canoe excursion everyone was invited to a lunch and presentation.